

Care After a Barium Study

Barium

Barium was used during your procedure today. Drinking barium or barium given in an enema may cause severe constipation. It is important that you expel (get rid of) the barium.

- If you can — and if your health care provider says it's OK — drink 8 to 10 glasses of water each day for the next 4 days.
- You may also take a laxative (such as milk of magnesia) if your health care provider says it's OK.
- If the barium is not expelled in 3 days, or if you have severe constipation, call your health care provider.

Your Health Care Provider

Name: _____

Phone number: _____