

Intravenous (IV) Lidocaine

Intravenous Lidocaine

Intravenous (IV) lidocaine is a treatment to treat nerve pain by numbing a nerve that may be causing the pain.

You will receive the medicine through an IV line in your hand or arm.

The treatment lasts 30 to 60 minutes.

Before the Block

- Arrange for someone to drive you home after the injection because you may have some numbness that could make driving difficult.
- Do not eat any solid food for 6 hours before the injection.
- You may drink clear liquids up to 2 hours before the injection.
- Take your regular medicine(s) with a small sip of water.
- Call the United Infusion Center at 651-241-4737 to say you are on your way to your appointment.

After the Block

- You will be in the Infusion Center room for a while so the nurses can watch to see if the infusion is effective and to check for any reaction.
- You may have numbness which could limit your ability to do things like lifting weights or using machinery. Plan for quiet activity the rest of the day.
- You may have some slurred speech or feel tired for 30 minutes.

Your Appointment

Date: _____

Time: _____ a.m. / p.m.

With: _____

To cancel, please call the United Infusion Center at 651-241-4737 at least 24 hours before your appointment.

Follow-up Appointment

Before you leave, a nurse will review your discharge instructions and plans for a follow-up appointment.

Side Effects

Any side effects should go away in about 1 hour. Call the Patient Care Line at 651-241-7365 if you have any concerns.

Possible side effects are:

- feeling tired
- slurred speech
- seizures
- heart arrhythmia (changes in your heart rhythm)
- nausea (upset stomach) or vomiting (throwing up).

Whom To Call With Questions

Call the Patient Care Line at 651-241-7365 Monday through Friday from 8 a.m. to 4 p.m.