

Scrotal Surgery

After Visit Summary

This is general information. Please see your After Visit Summary for how to take care of yourself after surgery.

Your health care team will work with you to understand any challenges you have after your hospital stay. This will help your team work toward a plan to make sure you have the right care and support to help manage your health after you leave the hospital.

Your Surgery

- Hydrocelectomy** is the removal of fluid in the scrotum.
- Orchiopexy** is the moving of a testicle into the scrotum.
- Vasectomy** is a minor surgery that removes a piece of each vas deferens so you can't father children.
- Spermatoclectomy** is the removal of a cyst-like mass from the testicle.

Before the Surgery

- Tell your health care provider if you:
 - have a latex allergy
 - have diabetes
 - take a blood-thinner medicine.
- Remove any jewelry or piercings.

Your Incision

- Steri-Strips® (paper-like tape) may have been placed on your incision. They can get wet in the shower. You may peel them off after 7 days.
- You may have stitches that dissolve on their own. You do not need to do anything to care for these.
- Follow any directions your health care provider gives you.

What To Expect After Surgery

- Your scrotum will likely get black and blue as the blood in the tissues spread. Sometimes, the whole scrotum will turn colors. The black and blue is followed by a yellow and brown color. In time, will go away.
- You will have a small amount of bleeding.
- You should plan to wear a pair of tight jockey shorts or an athletic support for the first 4 or 5 days, even to sleep. This will keep the scrotum from moving and help keep the swelling down.

Pain Relief

- Take any prescription or over-the-counter medicine as directed.
- For the first 48 hours, you may place an ice pack or bag of frozen vegetables on your scrotum for pain relief and to help keep the swelling down.
 - Wrap the bag in a light towel before using.
 - Keep the ice pack on for 30 minutes and then keep it off for 30 minutes.

Activity

- Your health care provider will tell you when it's OK for you to shower, drive, return to work, exercise, lift, and have sex.
- Alternate rest and activity.
- Do not sit for more than 2 hours at a time.
- Avoid smoking.

Food and Beverages

- Eat well-balanced meals. Follow any instructions your health care provider gave you.
- Drink at least 8 to 10 glasses of water each day. Follow any directions your health care provider gives you.
- Avoid alcohol while you are taking prescription pain medicine.

When To Call Your Health Care Provider

Call your health care provider if you have:

- a temperature of 101 F or higher
- new pain or pain you can't control
- problems urinating
- bleeding that won't stop
- signs of infection at your incision site:
 - pain
 - swelling
 - redness
 - odor
 - warmth
 - green or yellow discharge
- nausea (upset stomach) or vomiting (throwing up) that won't stop
- any questions or concerns.

Follow-up Appointment

Please keep all follow-up appointments with your health care provider or specialist, even if you are feeling well.