

Complex Care For Seniors

Bringing Health Care To Your Home

Complex Care Team

Your complex care team includes you, your care circle (family, friends and others close to you) and health care providers.

Your team will be led by a doctor (geriatrician) and nurse practitioner specializing in the health care needs of seniors.

Together, they will help you live as independently as possible.

Benefits for You

Your team will:

- travel to you and care for you in the comfort of your home
- be available 24 hours a day, 7 days a week (including holidays)
- identify health goals that are meaningful to you
- provide specialized care aligning with your needs, values and preferences
- support and help with your health care concerns and questions

- provide education to help you manage your health problems (conditions) and medicines
- record all in-home visits in your medical record
- provide in-home lab and X-ray services if needed.

Team Members

Team members work together to get to know you and your care circle. They will help you manage and coordinate your health care needs so you can focus on your health. You may work with some or all of the team members.

This will depend on your needs.

Primary Care Providers

You will have a doctor and nurse practitioner who, together, will be your primary care providers.

They will partner to:

- evaluate your health in your home

(over)

- provide your medical care
- go through your medicines and make recommendations
- talk with you about your goals and priorities
- work with you and your team to create a plan of care
- support you and your care circle.

Nurse care coordinator

The nurse care coordinator will help you create a health care plan based on your needs. He or she will provide information and encouragement to help you manage your health, and help coordinate your health care services.

Nurse triage

The nurse triage will provide telephone support for you and your care circle 24 hours a day, 7 days a week (including holidays).

Care guide

The care guide does not provide medical care. He or she will connect you with community and other health care resources, and talk with you about advance care planning and spiritual support.

Social worker

The social worker will do a social assessment and connect you with community resources if needed.

Pharmacist

The pharmacist will review all of your medicines (including prescription, over-the-counter, vitamins and supplements) and work with your team to make changes if needed.

For More Information

Call 612-262-7800 for more information.