

# How to Use a Liraglutide Pen



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## How to Care for Your Liraglutide Pens

- Liraglutide pens come five in a box. Store the pens you are **not using** in the refrigerator.
- The pen you are using can be kept at room temperature.
- Do not let the pen you are using either freeze or get warmer than 88 F.
- Keep the pen you are using out of direct sunlight.
- Your liraglutide pen can be used for 28 days after you take it out of the refrigerator.
- Check the expiration date on the box of liraglutide pens before you use it. Throw away any liraglutide that is older than the expiration date.
- Do not use liraglutide that is lumpy, sticks to the edges of the pen, or is a color that doesn't look right.
- Throw the pen away after the liraglutide is gone.

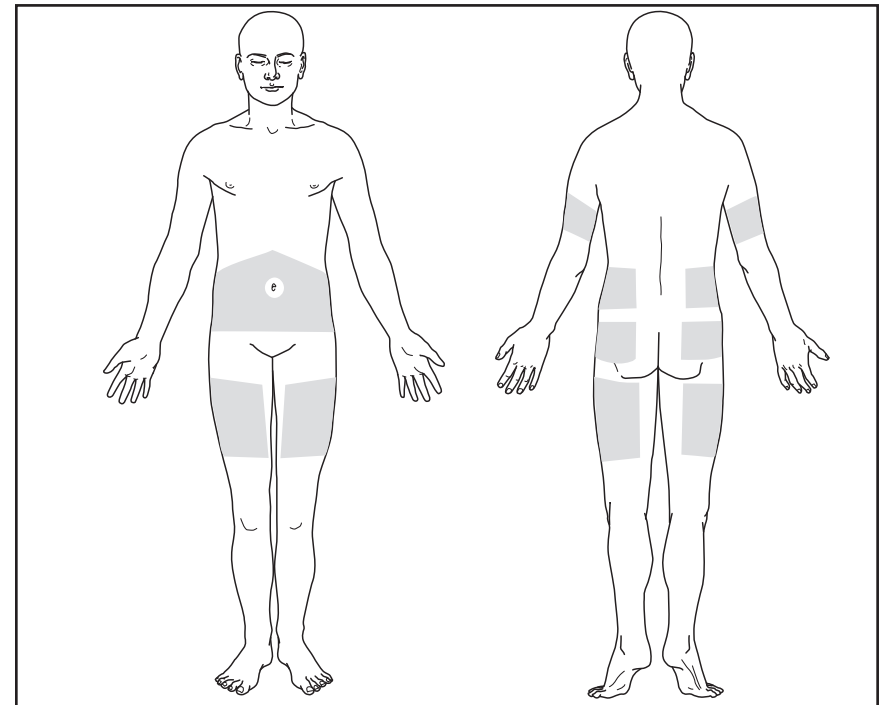
## When to Call Your Health Care Provider

Call your health care provider if you have any questions about how to use the liraglutide pen.

12. Lightly pinch and hold your skin at the site you will be giving your shot. Push the needle straight in. The needle should be all the way into your skin.
13. Using your thumb, push the dose button in all the way. **Count to 10.**
14. Let go of the pinch of skin.
15. Pull out the needle.
16. Unscrew the needle from the pen. Throw it into a container for needles. Be sure to put the lid on the container.
17. Put the cover back on the pen.

## Where to Give Subcutaneous Injections (Shots)

- Choose an area in your abdomen, upper or outer thigh, the back of your upper arms, or your buttocks.
- Stay 2 inches away from previous liraglutide injections or other injection sites.
- Stay 2 inches away from your belly button or from any scar.
- **Do not** use sites that are bruised, tender or swollen.
- Inject the liraglutide in different areas to prevent scars. The liraglutide will also absorb into your bloodstream better.
- Liraglutide is given by injection just under the skin (subcutaneous injection).

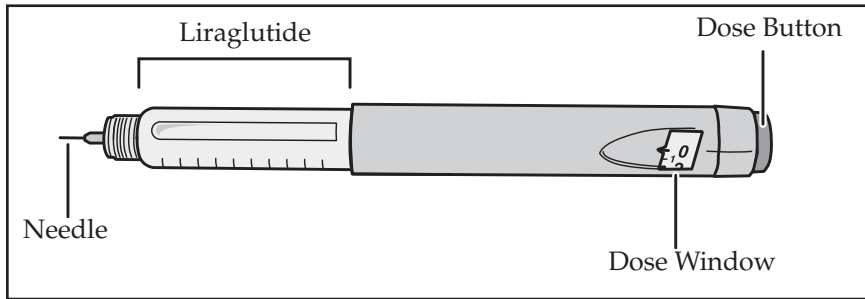


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The areas in gray are where to give injections.

## The Liraglutide Pen

Your liraglutide pen has a dial which you set to give the right amount of medicine. You can see the right amount through the dose window.

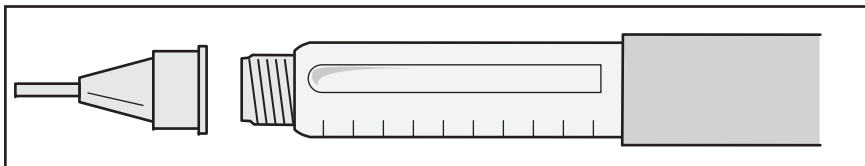


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The labeled parts of the liraglutide pen.

## How to Give Shots

1. Collect all of your supplies.
2. Wash your hands.
3. Clean your skin with an alcohol pad. Let the area air dry.
4. Take the cover off the pen. The medicine is already in the pen.
5. Wipe off the end of the pen where the needle will screw on with an alcohol pad.
6. Peel off the paper cover on the needle. Screw the needle onto the pen.



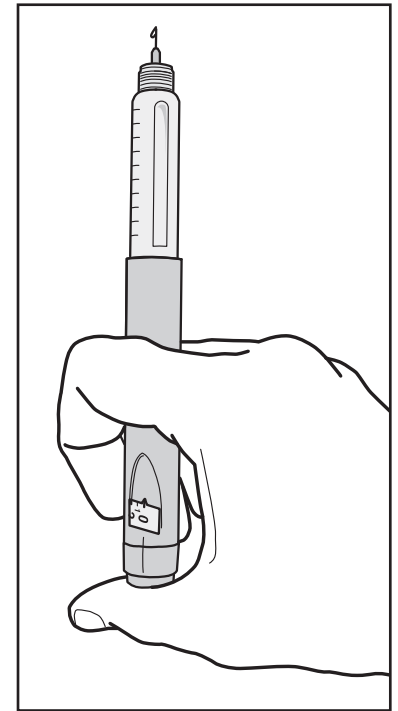
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The needle will need to screw into the end of the pen.

7. Remove the **two** covers from the needle.
8. Turn the dose dial to the flow check symbol (●●-).  
**Do this only the first time you use a new pen.**
9. Hold the pen so the needle is pointing up.
10. Push in the dose button at the end of the pen to clear the air out of the pen. (See drawing, at right.) You should see a drop of medicine at the tip of the needle.

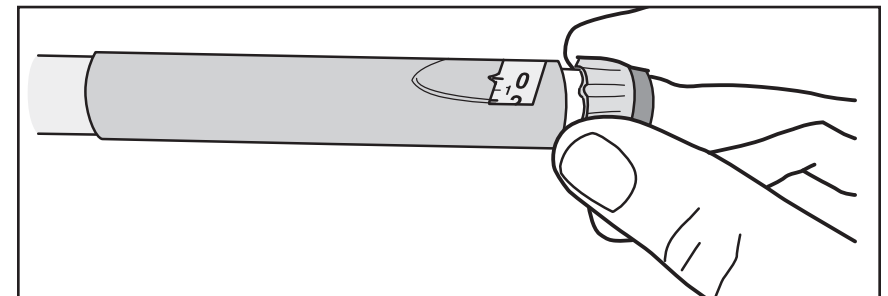
You may need to repeat steps 9 and 10 until you see the drop of medicine.

11. Turn the dose dial to the correct dose of liraglutide you will inject.



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**Be sure you see a drop of medicine at the tip of the needle.**



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Turn the dose dial to the correct dose of liraglutide.