

Bone Scan

Before the Exam

- Tell your health care provider if you are pregnant.
- You will get a shot of a radioactive material in your vein 3 hours before the scan. The radioactive material will help your bones show up on the scan.
- After your shot, you may leave the hospital. (The technologist will give you a time to return.)
- You may eat and drink as normal. Follow any guidelines you are given if you are having more exams in addition to the bone scan.

During the Exam

- You will lie on your back on the exam table.
- A camera will move over the length of your body.
- You need to lie still.
- The scan takes about 30 to 45 minutes.

Your Health Care Provider

Name: _____

Phone number: _____

After the Exam

- You may return to your normal activities.
- Drink extra liquids to help flush out the radioactive material.
- Call your health care provider's office in 3 to 5 days to hear the results.

If you have any questions about your preparation or the exam, call your hospital's Radiology Department.