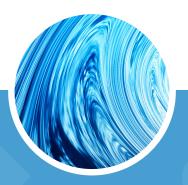
Nebulizer





Common Problems

Mist coming out of the machine is poor

- 1. Check that the tubing is not kinked or loosely connected to the nebulizer or neb cup.
- 2. Check the neb cup.
 - If it leaks, make sure the cap is screwed onto the neb cup properly.
 - Make sure the "T" shaped piece is not missing from inside the neb cub.
- 3. Check that the filter is not plugged. Change the filter if needed.

Nebulizer does not turn on

- 1. Check to see if the nebulizer is plugged in.
- 2. Check to see if there is power to the outlet.

If you are still having problems, call your nebulizer supplier.

Nebulizer

A nebulizer ("neb machine") gives medicine as a fine mist that is breathed into the lungs. Nebulizer treatments ("nebs") must be given as instructed by your health care provider in order for them to work.

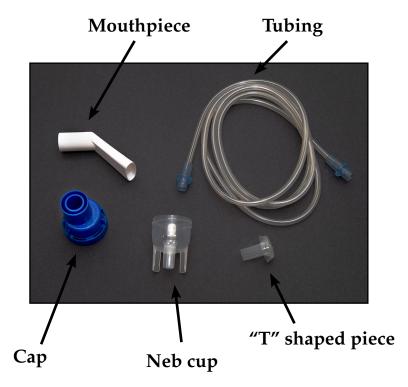


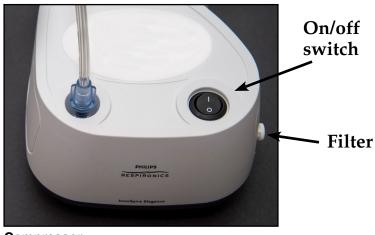
Nebulizer

© Allina Health System

Parts of the Nebulizer

The parts of the nebulizer are labeled below.





How to Set Up the Nebulizer

Place the machine on a level surface. It may vibrate during use, so keep it away from the edge of the table.

- 1. Plug the power cord into a wall outlet.
- 2. Place the "T" shaped piece in the middle of the neb cup.
- 3. Screw the cap on the neb cup.





4. Connect one end of the tubing to the machine and the other to the bottom of the neb cup.



All photos © Allina Health System

- 5. Put the prescribed amounts of medicine(s) into the top of the cap.
- 6. Attach the mouthpiece or mask.

Medicine goes here.



Mouthpiece attaches here.

How to Give the Neb

- 1. Turn on the nebulizer using the on/off switch.
- 2. Hold the neb cup in an upright position for the whole treatment.
 - Place the mouthpiece over your tongue and between your teeth. You should be able to see the mist at the opposite end disappear as you breathe in. You may need to pinch your nose to remember to breathe in through your mouth.
 - Deep breaths are best (but not so deep that you start coughing). Try to hold each breath for several seconds.
- 3. Continue giving the neb until all of the medicine is gone from the neb cup (about 10 minutes). You will hear a sputter and notice a decrease in the amount of mist coming out. When this happens, tap on the neb cup gently to get the rest of the medicine back to the bottom of the neb cup.





All photos © Allina Health System

4. When you are finished, clean the neb cup and its attachments according to the following instructions. (Do not put them in the dishwasher.)

How to Take Care of the Equipment

After each treatment:

- 1. Wash with warm, soapy water.
- 2. Rinse well with warm water and let air dry on a clean towel.
- 3. Replace the neb cup after 2 weeks of use.

Every month:

1. Check the filter. Change the filter if it is discolored.



Filter

© Allina Health System

2. Replace supplies as needed. You should always have an extra neb cup, tubing, filter and mouthpiece or mask on hand.

When to Replace the Neb Cup

The neb cup shown in this booklet is disposable and needs to be replaced after 2 weeks of use. You can also order reusable neb cups, which will last 6 months. Check with your insurance provider to find out what is and is not covered under your plan.

How to Order More Supplies

Call your nebulizer supplier to order more supplies.

Notes			
·			

Notes			
			, , , , , , , , , , , , , , , , , , , ,



allinahealth.org

© 2022 ALLINA HEALTH SYSTEM. TM – A TRADEMARK OF ALLINA HEALTH SYSTEM. OTHER TRADEMARKS USED ARE OWNED BY THEIR RESPECTIVE OWNERS THIS BOOKLET DOES NOT REPLACE MEDICAL OR PROFESSIONAL ADVICE; IT IS ONLY A GUIDE.