

# Wound Care Supply List

## Your Home Care Visit

A nurse will teach you how to care for your incision after having a Cesarean birth.

## Wound Care Supplies

You will need supplies to care for your wound. Some supplies will be ordered by your nurse and may be covered by your insurance. You will also need to buy some supplies.

### Supplies you need to buy

Your nurse will tell you which supplies below that you will need to buy and explain how they will be used to care for your wound:

- 1 roll of paper towels
- cotton swabs (put in a small baggie)
- plastic bag for soiled dressings (You can use plastic store bags you may have at home.)
- scissors
- maxi pads.

Depending on your insurance coverage, you may also need to buy normal saline solution, a generic wound cleanser and 1 box of large gloves. Your nurse will tell you what you need to buy.

### Supplies your nurse will order if needed

- calcium alginate wound dressing
- silver alginate wound dressing
- skin prep
- wound cleanser
- wound gels
- gauze pads
- ABD pads (large absorbent pads)
- medical tape
- other dressings or supplies as needed

Your nurse will go over how to use these supplies during your first visit.

### Insurance Coverage

- The supplies your nurse will order will come from Handi Medical Supply.
- Handi Medical will check with your insurance to see what supplies are covered.
- A Handi Medical representative will call you later in the day of your first visit or the next business day to let you know what is covered by your insurance.
- If your insurance will not cover some of the supplies, you may:
  - buy them from Handi Medical and they will ship the supplies to you
  - talk with your nurse about where to get alternatives.