

# Diabetes Complications Video Library

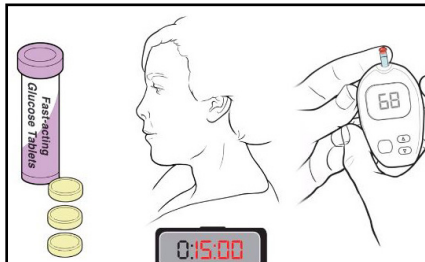
HealthClips™ Video Library: [allinahealth.healthclips.com](https://allinahealth.healthclips.com)



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

Use the QR code at left to access the entire video library. You can watch the below videos or any video in the HealthClips library at any time.

## □ Step-by-Step: Self-Care for Low Blood Sugar (Hypoglycemia)



Watch this [video](#) to learn how to treat low blood sugar (hypoglycemia).

## □ Understanding Hyperglycemia (High Blood Glucose)



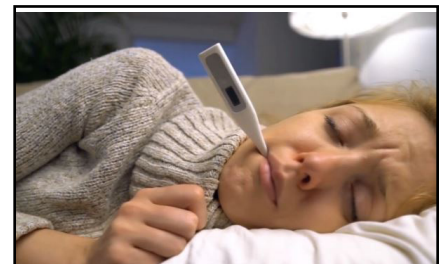
Watch this [video](#) to learn why hyperglycemia (high blood glucose) is dangerous and symptoms you should look out for.

## □ The Importance of Skin and Foot Care



Watch this [video](#) to learn how managing your blood glucose levels will help you to prevent or delay skin and foot problems.

## □ How Illness and Injury Affect Diabetes



Watch this [video](#) to learn how the physical stress caused by illness and an injury can cause your glucose level to rise.