

# Planned Toileting

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## Planned Toileting

Your safety is important. Making planned trips to the toilet or bedside commode with a staff member is needed to help keep you from falling.

Staff members will help you to the bathroom or bedside commode on a schedule. They will stay within arms' reach for your safety.

This is known as planned toileting.

## Toilet Schedule

Staff members will help you to the toilet every 2 hours during the day and evening hours and 2 times during the night.

A staff member may change your schedule based upon your care needs.

Use your call button if you need to use the toilet at any other time. Only members of your health care team should help you to the toilet and will stay with you in the bathroom.

## Your Privacy

Members of your health care team will do their best to respect your privacy.



**Staff members will help you to the toilet or bedside commode on a regular schedule. This will help keep you from falling.**

## Care Board

Your planned toileting schedule will be listed on your care board. This will make sure that you and your health care team know the time of your next trip to the toilet.

Staff members will talk about your toilet schedule during the bedside shift handover.