

Care After Your COVID-19 Vaccination (Janssen)

COVID-19 Vaccine

The COVID-19 vaccination will help protect you from getting COVID-19.

Common Side Effects

Side effects mean that your body is building protection against the virus. They should go away in a few days. Common side effects are:

- pain and swelling around the injection site
- fever, chills
- tiredness
- headache.

To manage your side effects:

- Talk with your health care provider about taking an over-the-counter medicine, such as ibuprofen (Advil® or Motrin®) or acetaminophen (Tylenol®) for discomfort.
- Apply a clean, cool, wet washcloth over the injection site to reduce pain and discomfort.
- Use or exercise your arm.
- Drink plenty of liquids and dress lightly if you have a fever.
- Call your health care provider if you have concerns about your symptoms.

Source: Information obtained from What to Expect After Getting a COVID-19 Vaccine | CDC dated Jan. 19, 2021; and EUA of the Janssen COVID-19 Vaccine to Prevent Coronavirus Disease 2019 | dated April 23, 2021

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Rare Serious Side Effects

Call your health care provider or call 911 right away if you have:

- redness or tenderness at the shot site that gets worse after 24 hours
- side effects don't go away after a few days, start within 30 days of getting your vaccine
- swelling in your leg or legs
- pain in your abdomen (belly)
- tiny bruises or spots on your skin beyond the vaccine site
- a fever of 100 F or higher
- blurry vision
- trouble breathing (being short of breath)
- pain or pressure in your chest that doesn't go away
- the worst headache of your life
- new confusion or you can't stay alert
- bluish lips or face
- bleeding
- seizures
- lost consciousness
- trouble talking or swallowing
- signs of Guillain Barré syndrome such as:
 - weakness or tingling feelings (especially in the legs or arms) that get worse and spread to other areas of your body
 - problems walking
 - problems with facial movements (including speaking, chewing or swallowing)
 - double vision or can't move your eyes
 - problems with your bladder or bowels.