

Your Meeting with Allina Health Hospice

What Happens Next?

Thank you for meeting with Allina Health Hospice. You received a lot of information and may have more questions after you leave.

If you signed up for hospice, you will receive a call within 24 hours by a team member to arrange for your first visit. For any questions before that call, call Allina Health Hospice at 651-635-9173 and ask to speak to triage.

If you did not sign up for hospice, you can expect to receive a follow-up call within a few days. If you have questions, this will be a good time to ask.

You may call Allina Health Hospice anytime at 612-262-2200 or 1-855-227-5111 with questions or to schedule an admission to sign up for hospice care.

What is Hospice?

Hospice provides a special kind of care for people with terminal illnesses, their families and caregivers. It treats the physical, emotional and spiritual needs of the patient, and focuses on comfort and having the highest quality of life possible (known as comfort care).

Who Pays for Hospice Care?

Medicare, Medicaid and most private insurers cover the cost of hospice care. Private pay options are also available if necessary.

Person With Whom You Met

Name: _____

Admission Appointment

Date: _____

Time: _____

Call 612-262-2200 or 1-855-227-5111 if you have any questions about Allina Health Hospice or if you would like to schedule an admission.

Where is Hospice?

Allina Health Hospice takes care of you wherever you are, in a nursing home or assisted living, a hospice home, your own home or any other location.

How Do You Know If Hospice is Right for You?

Consider Allina Health Hospice when:

- your goals of care are for comfort and quality of life
- you need support for pain and symptom management, end-of-life care needs and family support in caregiving
- you want to make sure your loved one receives all the additional care they deserve.

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What is Included in Hospice Care?

Allina Health Hospice care includes:

- visits from specially trained staff
- medicines related to your disease and those needed for comfort
- medical equipment and supplies to support your care such as hospital beds, wheelchairs, oxygen, wound supplies and products to help with bladder control.

Can You Still See Your Primary Care Provider?

Yes, your primary care provider will play an important role in coordinating your care. Your Allina Health Hospice team will work closely with your primary care provider and the facility staff to provide the highest quality of care.

Who is on Your Allina Health Hospice Health Care Team?

Your hospice health care team includes:

- **nurses:**
Hospice nurses check your comfort level, help with medical needs, treat and monitor your physical symptoms, and help support your family to properly care for you. Nurses are available 24 hours a day, 7 days a week and make home visits as needed.
- **home health aides:**
Hospice home health aides are trained and certified to help with personal cares such as bathing and grooming.
- **social workers and chaplains:**
These team members support the physical, mental, social, spiritual and emotional well-being of the patient and family.

- **music and massage therapists:**
These team members are specially trained to provide therapies to increase your comfort, calm and well-being.
- **volunteers:**
Volunteers are available to help when caregivers need a break or are not available. They provide companionship and emotional support to the patient and family in a variety of ways.
- **grief counselors:**
Support services and resources are available to families for 13 months after death.
- **pharmacist:**
Allina Health Hospice has a pharmacist to make sure medicines are correct and safe. A pharmacist is available to meet with you and your family as needed.

How Often Do Team Members Visit?

Your hospice health care team will work with you and your family to determine how often they should visit. This may change as your needs change.

Whom To Call With Questions

Call 612-262-2200 or 1-855-227-5111 if you have any questions about Allina Health Hospice. You may also request to schedule an admission to sign up for hospice care.