

Hourly Rounding

Your Hospital Stay

Staying in the hospital can be a stressful and confusing time for you and members of your care circle (family members and friends).

There may be many things to plan, changes to make and questions to ask.

Members of your health care team want you to be as comfortable as possible during your hospital stay.

If you are feeling nervous, anxious to get out of bed, worried or unsure about any part of your health or recovery, tell a member of your health care team.

Hourly Rounding

Hourly rounding is a way for members of your health care team to make sure your needs are being met.

Every hour during the day (and every 2 hours at night) a nurse or nursing assistant will stop by your room and ask you:

- about your comfort
- about your pain
- if you need to use the bathroom.

What To Do During Hourly Rounding

Please be honest with your answers. Don't be afraid of "bothering" your nurse or nursing assistant.

If you are not comfortable or if you need something, please say so.



Hourly rounding is a way to tell your nurse or nursing assistant about your comfort and pain, and if you need to use the bathroom.

Your nurse or nursing assistant will check to make sure everything you need is easy for you to reach.

If You Are Sleeping During Hourly Rounding

The nurse or nursing assistant will check on you but will try not to disturb you so can rest.

If You Have Questions or Need Help

Use your call light or ask your nurse if you have questions or if you need help.

You don't need to wait for hourly rounding to talk with your nurse.