

Voiding Cystourethrogram

Voiding Cystourethrogram

Your health care provider wants you to have a voiding cystourethrogram. This exam uses X-rays to get images of your bladder and your urethra.

Your bladder is a muscular sac that stores urine. Your urethra is a narrow tube joined to the bladder that gets rid of the urine.

During the exam, contrast will be dripped into your bladder through a urinary catheter (tube). This will help your bladder show up on the X-ray screen.

The exam takes about 60 to 90 minutes.

What To Tell Your Health Care Provider and Technologist

Tell your health care provider and technologist if you:

- have had a contrast reaction
- have any allergies to latex or medicine
- are breastfeeding, pregnant or think you may be pregnant
- have diabetes.

Before the Exam

- Please follow any instructions you receive from your health care provider.
- Take any medicines you need, or as directed by your health care provider.

Your Appointment

Location: _____

Date: _____

Time: _____ a.m. / p.m.

Arrive at the Radiology Department
15 minutes before your exam.

Phone number: _____

If you need to cancel or reschedule,
call at least 24 hours before your scheduled
appointment.

During the Exam

- You will wear a hospital gown.
- You will lie on an X-ray table.
- A urinary catheter (small, flexible rubber tube) will be put into your bladder.
- Contrast will be dripped into your bladder through the catheter until your bladder feels full.
- X-rays will be taken. You may be asked to move into different positions.
- The catheter will be taken out.
- You will be asked to empty your bladder while you are on the exam table.
- More X-rays will be taken as you empty your bladder.

(over)

After the Procedure

- Return to your normal activities, diet and medicines. Follow any instructions your health care provider gives you.
- Drink up to four 8-ounce glasses of liquid in the 8 hours after the procedure, unless your health care provider gave you other directions. This will help with any irritation or burning feelings after having the catheter.
- After having a urinary catheter, your urine may appear pink or red (bloody) the first time you urinate. This is normal.

Follow-up Results

- A radiologist will look at and interpret (read) the X-rays.
- Your health care provider will receive the exam results. He or she will either talk with you about the results or mail you the results.

When to Call Your Health Care Provider

Call your health care provider if you have any of the following:

- pink or red (bloody) urine that lasts longer than 24 hours
- problems urinating
- pain when you urinate
- chills or temperature of 101 F or higher
- any questions or concerns.