

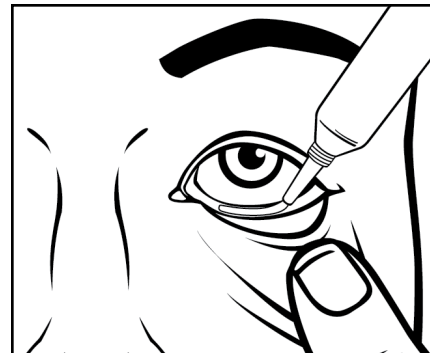
How to Use Eye Ointment

What Should You Do Before Putting in the Ointment?

- Wash your hands well with soap and warm water. Dry your hands on a clean towel.
- Gather your supplies:
 - ointment
 - clean tissues
 - eye drop medicine, if needed.
- Put eye drop medicine in at least 5 minutes before the ointment, if needed.

How Do You to Put in the Ointment?

- Remove the cap from the ointment and place it on a clean tissue. Keep the tip of the tube from touching your eyelid, eye, skin or any other surface. This will help you prevent an eye infection.
- You can use a mirror to help guide you, if needed.
- Tilt your head back and look up.
- Use the hand that's not holding the tube to gently pull your lower eyelid away from your eye. This will form a pouch into which you will put the ointment.



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Make a pouch under your eyelid.

Put the ointment into the pouch, not directly on your eye.

- With your other hand, squeeze the ointment into the pouch. (See the drawing above.) Follow your doctor's instructions for how much ointment to use.
- Take your finger off your cheek to release the pouch.
- Look down and gently close your eyes for 1 to 2 minutes. Try not to blink. Don't rub your eye.
- Wipe any extra ointment from the tip using a clean tissue. Put the cap on the tube.
- Wash your hands.

Use this ointment as directed. Don't stop taking it or change how much you take without first talking to your doctor.

Are There Precautions?

- Ask your doctor or pharmacist about wearing eye makeup while using this ointment.
- Don't wear contact lenses while using this ointment.
- This ointment may affect your ability to see clearly after you use them. This should pass in a short period of time. Don't drive or use any machinery until you can see clearly.
- Don't share this ointment with other people.
- This ointment may be harmful if swallowed. Call your doctor or pharmacist right away if you swallow the ointment.

What Side Effects May Occur?

The most common side effects include:

- temporary blurring of vision
- brief stinging or irritation. This should get better within 5 minutes after use.

When to Call Your Doctor or Pharmacist?

Stop using the ointment and call your doctor or pharmacist if:

- your eye irritation increases
- your eye, eyelid or skin around your eye becomes red or itchy
- you swallow the ointment.

Whom to Call With Questions

Call your doctor or pharmacist if you have any questions or concerns.