

# How To Clean Your Enteral (ENFit®) Tube

It is important to clean your ENFit tube after each home tube feeding. Follow these steps:

## Step 1

- ☐ Gather your supplies:
  - ☐ glass or cup with clean water
  - ☐ syringe
  - ☐ gauze pad
  - ☐ a clean toothbrush
  - ☐ ENFit feeding tube with moat and open cap.
- ☐ Wash your hands.
- ☐ Rinse the toothbrush with tap water.

## Step 2



Fill the syringe with tap water.

## Step 3



Plug the center hole of the feeding tube with the toothbrush bristles. Flush the moat with clean tap water.

## Step 4



Rotate the toothbrush in the bottom of the moat.

## Step 5



Rinse the feeding tube cap with clean tap water.

### Step 6

**Put the toothbrush bristles into the feeding tube cap. Rotate the brush in the cap.**

### Step 7



**Wipe the feeding tube port and the cap with gauze.**

### Step 8

**Clean all supplies. Let air dry.**