

Safe Patient Moving in the Clinic

Actively Caring for You

Your Safety

Your safety during your clinic visit is very important. Clinic staff will help keep you safe by using safe patient moving equipment to help you if you are not able to fully move yourself.

This equipment will help protect you from falling and from getting bruises and skin injuries that you might get without the equipment.

Safe patient moving equipment has other benefits. Patients who have used this equipment report:

- greater comfort while being moved
- skin protection
- sense of greater dignity.

Safe patient moving equipment, moving aids or both can also prevent injuries among clinic staff.

When Equipment May Be Used

For most adult patients, safe patient moving equipment may be used when you need help:

- being moved (such as from a wheelchair to the exam table, or from a wheelchair to the toilet)
- changing positions (such as boosting or rolling on an exam table)
- during care (such as changing a dressing).

Clinic staff will honor your privacy at all times and answer any of your questions. Lifting equipment may not be used during an emergency.



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A full lift can be used for transferring (moving) patients who can't hold their weight.



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A sit-to-stand device helps patients move from a chair to an exam table.

(over)

How Lifting and Moving Equipment Will be Chosen

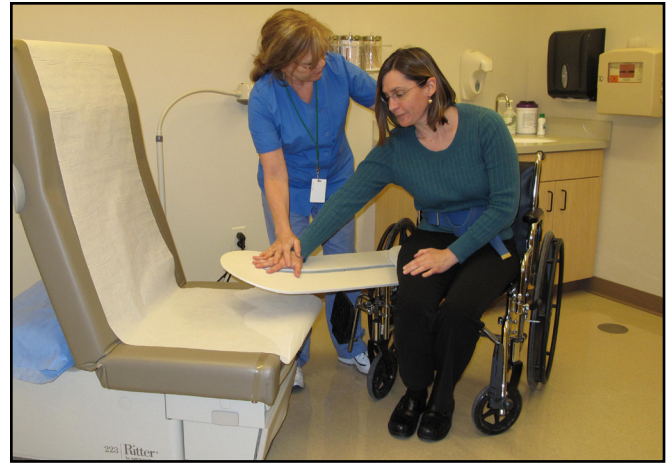
Clinic staff will determine if it is safe for you to move on your own without risk of falling or injury.

If you need help from staff to move, you will be lifted or moved with this equipment. This is for your own safety. Staff will choose the right equipment to move you safely with the greatest comfort.

Staff will run the equipment and be with you while you are moving.

Common types of equipment you may see include:

- **Full lifts** are used for patients who are not able to support their own weight. For this lift, the patient rides in a cloth sling that is securely hooked to the lift.
- **Sit-to-stand transfer devices** are used for patients who have some upper body strength and ability to support their own weight. The equipment allows a patient to move safely between a chair to a toilet or a chair to an exam table.
- **Lateral transfer devices** are used for helping patients from a wheelchair to an exam table while sitting. One type of device is the Beasy Board®. A Beasy Board allows a patient to safely move him or herself onto a lowered exam table or toilet with staff help.



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The Beasy Board may be used with a high-low exam table for patients who cannot safely get onto a standard exam table. This table lowers and raises to accommodate the patient and health care provider.