

# Hip Replacement Video Library

HealthClips™ Video Library: [allinahealth.healthclips.com](http://allinahealth.healthclips.com)



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

Use the QR code at left to access the entire video library. You can watch the below videos or any video in the HealthClips library at any time.

## What is a Hip Replacement?



Watch this [video](#) to learn how hip replacement surgery can relieve pain and restore normal function within the damaged hip joint.

## Hip Revision



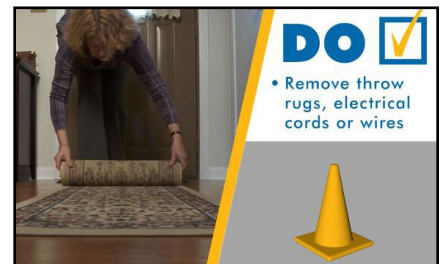
Watch this [video](#) to learn how some hip implants may loosen or need to be repaired. This video takes a look at hip revision surgery.

## Pre-Surgery Education for Joint Replacements



Watch this [video](#) to help you prepare your body and home for your joint replacement surgery.

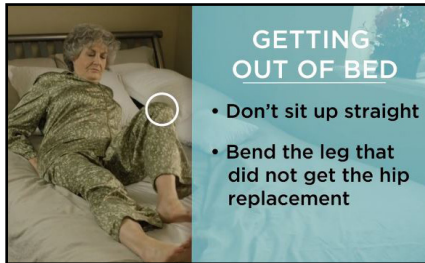
## Preparing Your Home for Joint Replacement Recovery



Watch this [video](#) to learn what you can do in advance to prepare your home safely for your recovery after joint replacement surgery.

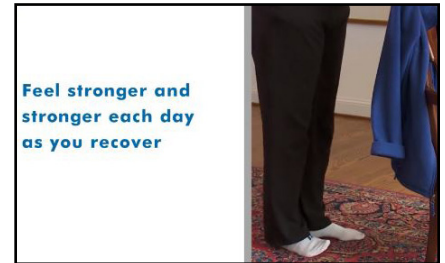
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## ❑ How to Get Out of Bed After Hip Replacement Surgery



Watch this [video](#) to learn how to get out of bed after a hip replacement.

## ❑ Hip Surgery: Hip Precautions



Watch this [video](#) to learn the precautions you should take to keep your new hip healthy and strong after your joint replacement surgery.

## ❑ Hip Replacement Recovery: After Exercises



Watch this [video](#) to learn how doing your exercises after surgery will help you regain strength and reach your recovery goals.