

Allina Health Mental Health

Allina Health Mental Health

The goal of Allina Health Mental Health is to provide exceptional care in a safe, healing environment.

Guidelines for Hospital Safety

Patients who are staying in Allina Health Mental Health hospital units will have safety and unit guidelines to follow.

These guidelines will help provide a safe transition into the hospital unit.

- Patients cannot use personal cell phones during their hospital stay.
 - Limit the items you bring to the hospital. Bring 2 or 3 changes of clothing.
 - You are not allowed to smoke anywhere on the hospital campus. There are quitting smoking options available if you smoke or use tobacco products.
 - You will see a psychiatrist within 24 hours of being admitted to the hospital. In general, this will be the second day of your stay.
 - If you are transferred for care outside of your community you may need to set up your own rides home when you are ready to leave the hospital.
- Parents of loved ones staying in the hospital cannot stay past visiting hours.
 - Parents and family members cannot sleep overnight on the unit.
 - Televisions, telephones and cameras are not allowed in patient rooms.
 - Some hospitals allow certain kinds of personal electronic devices such as a mobile gaming device or a laptop. Ask a staff member what is and isn't allowed at your hospital.