

Allina Health Mental Health

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The goal of Allina Health Mental Health is to provide exceptional care in a safe, healing environment.

Guidelines for Hospital Safety

Patients who are staying in Allina Health Mental Health hospital units will have safety and unit guidelines to follow.

These guidelines will help provide a safe transition into the hospital unit.

- Parents of loved ones staying in the hospital cannot stay past visiting hours.
- Parents and family members cannot sleep overnight on the unit.
- No televisions, telephones or cameras are allowed in patient rooms.
- Some hospitals allow patients to bring certain kinds of personal electronic devices such as a mobile gaming device or a laptop. Ask a staff member what is and isn't allowed at your hospital.
- Patients cannot use personal cell phones during their hospital stay.
- Patients should limit the items they bring to the hospital. Bring 2 or 3 changes of clothing.
- Patients are not allowed to smoke anywhere on the hospital campus. There are quitting smoking options for patients who smoke.
- Patients will see a psychiatrist within 24 hours of being admitted to the hospital. In general, this will be the second day of the hospital stay.
- Patients who are transferred for care outside of their community may need to set up their own rides home when they are ready to leave the hospital.