

Breastfeeding in Public

Breastfeeding is a natural process that has many health benefits for baby and mom. You do not need to limit breastfeeding your baby solely in your home. Your baby has the right to breastfeed anywhere.

With a little practice, breastfeeding “on the go” in public will become part of your and your baby’s rhythm. There are many options for your privacy, depending on your comfort level.

Minnesota Statute 145.905:

A mother may breast-feed in any location, public or private, where the mother and child are otherwise authorized to be, irrespective of whether the nipple of the mother’s breast is uncovered during or incidental to the breast-feeding.



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