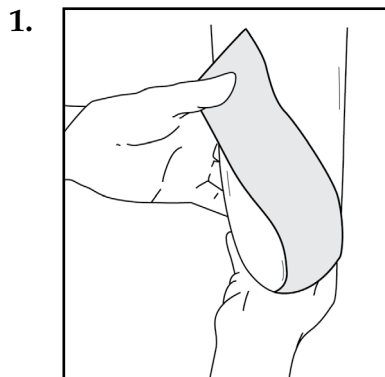


Residual Limb Wrapping (Below the Knee)

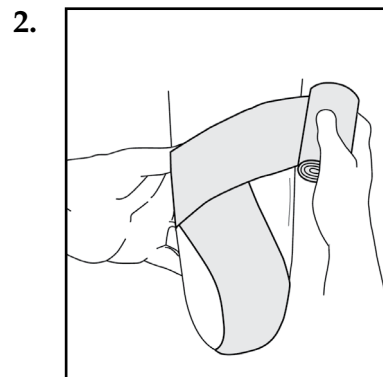
Below the Knee

Wrapping your residual limb is important. Wrapping helps keep the swelling down and

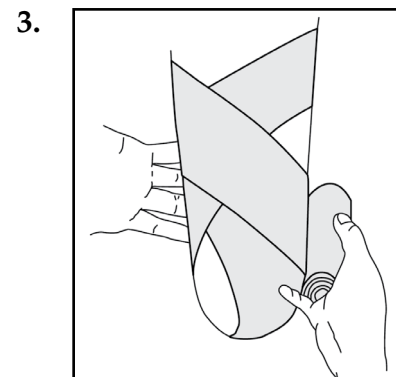
it protects your incision while it heals. Follow the directions and pictures.



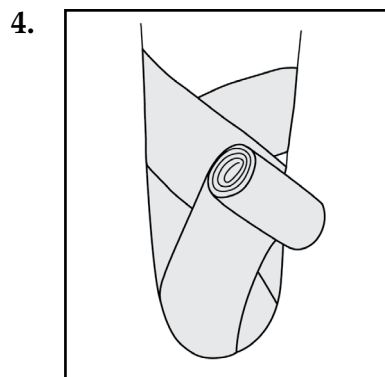
Start with a rolled up Ace® bandage. Place it on your groin area and roll it toward the outside.



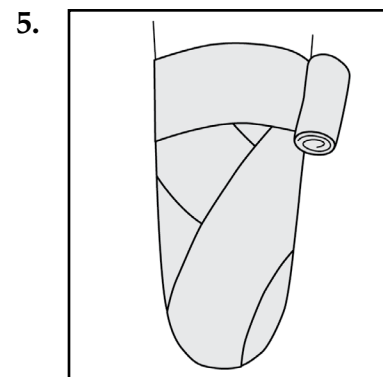
Go behind the residual limb and cover the inside. Try to keep the bandage smooth.



Keep rolling the bandage behind the residual limb. Go down and around the outside part of the residual limb.



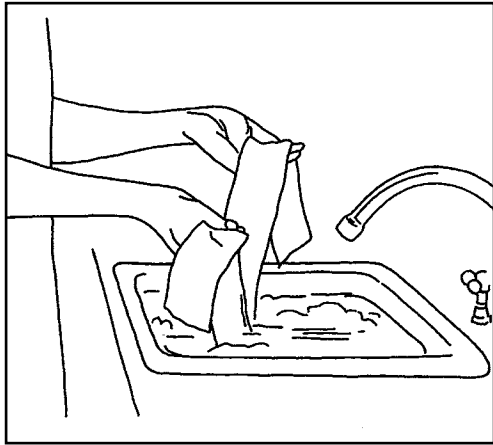
Turn the bandage in a diagonal until your skin is covered. Have at least 2 layers of bandage in place over the residual limb. Make sure there is firm pressure over the end of the residual limb. Do not wrap in circles. This can stop the blood from flowing. The pressure should be the greatest at the end and the least at the hip.



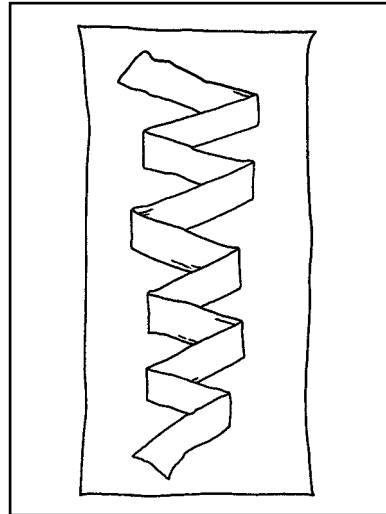
Make diagonal turns around the end of the residual limb. Put tape on the end of the bandage to secure in place. If you are in pain, unwrap and do it again.

(over)

Taking Care of the Bandage



Do not use a bandage more than 48 hours without washing it. Hand wash with a mild soap and warm water. Rinse well with clean water. Do not wring the bandage.



Lay the bandage on a flat surface. Keep it out of direct sunlight. Do not put in a dryer. Do not hang it to dry.

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