

Care After Your Child Receives Sedation

General Information

The medicine or sedation your child received during his or her visit to the hospital will keep acting in his or her body for up to 24 hours. During this time, your child may feel drowsy or sleepy. He or she may still seem sleepy or drowsy, but is ready to go home. Your child may not remember all of what happened while sedated. This is normal.

What to Avoid

Make sure your child **does not**:

- walk without help for four hours (if your child is walking)
- ride a bicycle, tricycle, skateboard, scooter or any other moving or motorized recreational toy or vehicle for 24 hours
- do anything where dizziness or clumsiness would be dangerous.

Activity

- Make sure a responsible adult sits with your child during the ride home to make sure he or she does not fall asleep and have breathing problems.
- Make sure a responsible adult stays with the child for the rest of the day and during the night. This is for the safety of the child.
- Have your child do quiet activities for the rest of the day and evening.

Diet

- Your child may eat the foods he or she usually eats.
- If your child becomes nauseated or vomits, give him or her clear liquids and slowly add solid food.

Pain

- Follow the directions your doctor gives you.
- If your child receives a pain medicine, follow the directions on the label.

When to Call the Emergency Department

Call the Emergency Department right away if your child:

- cannot sit or walk
- seems too sleepy after 4 to 6 hours
- is hard to wake up
- has a fever of 101 F or higher
- has problems breathing
- has pain not relieved by medicine
- has a gray or blue skin color
- cannot stop vomiting.

(over)

Other Instructions

Whom To Call With Questions

If you have questions or concerns,
call Dr. _____
at _____.

If you cannot reach your doctor, go to or
call your hospital's Emergency Department.