

# Heart Failure Video Library

HealthClips™ Video Library: [allinahealth.healthclips.com](http://allinahealth.healthclips.com)



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

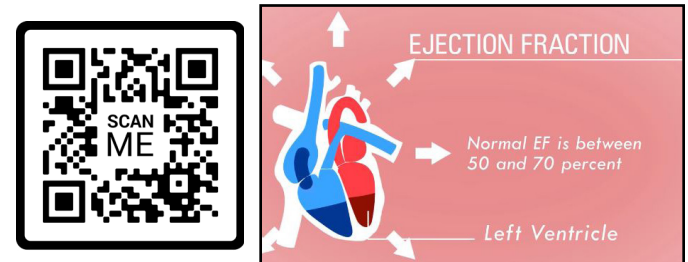
Use the QR code at left to access the entire video library.

## What is Heart Failure?



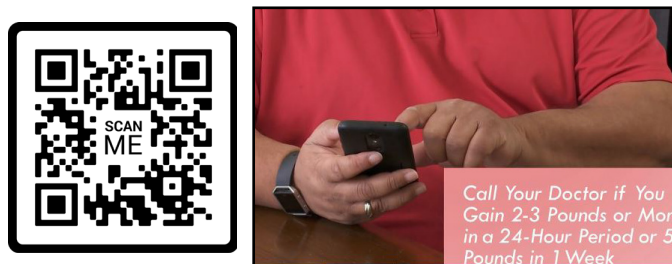
Watch this [video](#) to learn how the heart muscle weakens with heart failure, and how heart failure affects your body.

## Understanding Ejection Fraction



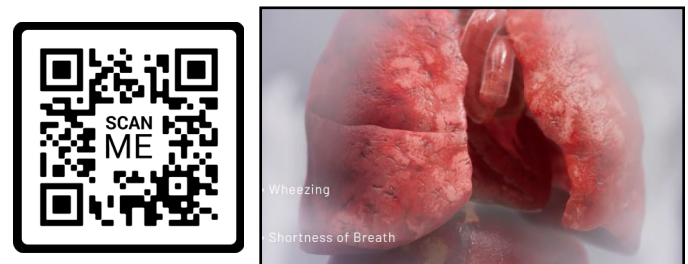
Watch this [video](#) to learn what ejection fraction is and how it will be monitored during your treatment.

## Monitoring Symptoms of Heart Failure



Watch this [video](#) to learn the signs and symptoms of heart failure, and when to call your doctor.

## Medical Animation: When Heart Failure Worsens



Watch this [video](#) to learn what happens when heart failure gets worse.

## □ What is a Heart Failure Treatment Plan?



Watch this [video](#) to learn how your treatment plan can help reduce your heart failure symptoms.

## □ Heart Failure: Preparing for Discharge



Watch this [video](#) to learn about why you need to follow your discharge instructions may help you avoid another hospital stay.