

# Sharing and Seeing More of Your Electronic Health Record

## Personal Health Information

There is a change in how, when and what personal health information (PHI) is being shared by and with Allina Health.

Your PHI is what appears in your medical record. It includes things such as your health history, tests, clinic visits and hospital stays.

## Why the Change Happened

The change is part of the 21st Century Cures Act to help patients get safe and timely care. It directs health care providers to share all electronic PHI right away upon request.

This law:

- helps make sure records are shared between health care organizations
- lets you see more of your electronic health record (through your Allina Health account).

The transfer of your PHI is safe and secure.

## What You Will See in Your Record

### ■ Progress notes

- Members of your health care team write notes about your clinic or hospital visit.
- Notes may not be shared if:
  - you don't want to see them in your Allina Health account or if you want to talk with your provider first
  - the health care provider thinks the notes could cause you to harm yourself or someone else

- sharing the notes could disrupt a research study you are in
- other people's PHI would be given out.

### ■ Lab results and notes

- Lab results include notes.
- Sharing lab results may be delayed if your health care provider needs to talk with you about:
  - a possible life-changing condition or disease (for 7 days)
  - a sexually transmitted disease (for 24 hours).

### ■ Imaging results and notes

- Imaging results include notes about imaging tests such as X-rays, MRIs and CT scans.

## You Can Choose What You See

- You will see notes, lab results and imaging results as soon as they appear in your Allina Health account. You can wait to review your results until your health provider follows up with you.
- Talk with your health care provider if you don't want to see your notes.

[allinahealth.org](http://allinahealth.org)