

Nexplanon[®]

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Nexplanon is a birth control implant that is placed in your arm. It releases a low dose of hormone to help prevent pregnancy for 3 years.

The implant is a plastic rod. It is small (about the size of a toothpick) and flexible. It can be removed at any time.

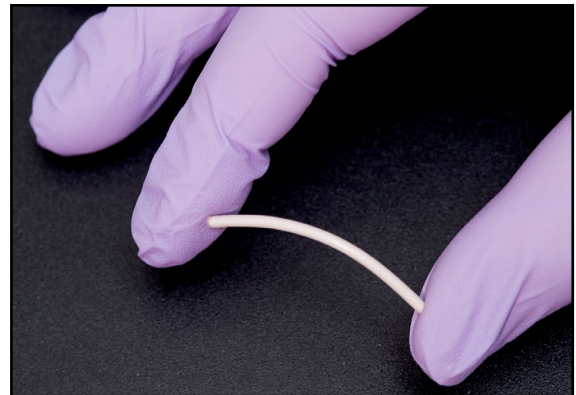
During the procedure

Your health care provider will inject a medicine (local anesthetic) to numb the area. He or she will use a special applicator with a needle to guide the implant under your skin. There are no incisions. You may feel some pressure.

The procedure takes about 10 to 15 minutes.



The implant is placed under the skin on the inside of your upper arm.



Nexplanon is a small, plastic implant.

After the procedure

After it has been placed, your health care provider will feel for the implant to make sure it is in the correct place. He or she will show you how to find the implant.

A pressure dressing will be placed over the insertion site. You will need to wear it for 24 hours.

After 24 hours, you will need to wear a small bandage for 3 to 5 days.

Benefits

The benefits of Nexplanon include:

- It is approved by the Food and Drug Administration (FDA).
- It is more than 99 percent effective.
- It can be done during a clinic visit.
- You can return to work and your normal activities the same day.

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Risks

Risks are rare. Possible risks of Nexplanon include:

- The implant may be hard to find or cannot be found at all. You may need an X-ray, surgery or both to find and remove the implant.
- The implant could break or bend while in your arm.
- If you were to become pregnant, there is a chance it would be an ectopic pregnancy. An ectopic pregnancy means a fertilized egg is growing outside of your uterus.

Important

- Be sure to check for implant at least one time each month. If at any time you cannot feel the implant, call your health care provider.
- If you decide to have the implant removed, it is possible to become pregnant within the first week. It is important that you use another type of birth control if you do not want to get pregnant.
- Nexplanon will not protect you against sexually transmitted diseases (STDs).
- The only birth control method that gives 100 percent protection against pregnancy and STDs is total abstinence (not having sex).

Insurance Coverage

It is important to understand your health care benefits before your procedure. Nexplanon may or may not be covered by your insurance provider.

Call your insurance provider to find out exactly what is and isn't covered under your plan, and how much you have to pay yourself.