

Heart Attack Video Library

HealthClips™ Video Library: allinahealth.healthclips.com



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

Use the QR code at left to access the entire video library.

What is a Heart Attack?



Watch this [video](#) to learn what happens during a heart attack.

Emergency Treatment for a Heart Attack



Watch this [video](#) to learn why it's important to take action right away if you or someone else has any symptoms of a heart attack.

Aspirin Effects During a Heart Attack



Watch this [video](#) to learn why you should chew an aspirin if you think you are having a heart attack.

Heart Attack Medications: Taking Nitroglycerin



Watch this [video](#) to learn how to take nitroglycerin if you have heart attack symptoms.

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☐ Heart Attack Medications: Statins



Watch this [video](#) to learn how statins can help treat your heart disease and lessen your risk of having another heart attack.

☐ After a Heart Attack: Discharge Day



Watch this [video](#) to learn what to do after you leave the hospital to help heal.

☐ Your Care at Home: After a Heart Attack



Watch this [video](#) to learn about activities, food, exercise, medicine, and when to call the doctor.