

# Venous Doppler Ultrasound

## Before the Exam

- There are no special instructions.
- You will wear a hospital gown or you will be asked to remove your clothes from the waist down and cover up with a sheet.

## During the Exam

- You will lie on your back on an exam table.
- Your arms will be at your side.
- Your head will be raised so you are not lying flat.
- The technologist will put a warm gel on your leg(s).
- He or she will move the ultrasound wand (transducer) down your leg(s).
- Pictures will be taken of the blood flow in your veins. The technologist can also listen to the blood flow.
- The technologist will gently press your leg(s). This is to increase blood flow in your veins.
- The exam takes about 20 to 40 minutes.

## Your Health Care Provider

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

## After the Exam

- You may return to your normal activities.
- Your health care provider will receive the exam results. He or she will either talk with you about the results or mail you the results.

**Call your hospital's Radiology Department if you have any questions about your preparation or the exam.**