

Stomach (UGI) X-ray

Before the Exam

- Do not eat or drink anything, chew gum or smoke 8 hours before the exam.
- Tell the technologist if you have had a contrast reaction.
- Tell the technologist if you are breastfeeding, pregnant or think you may be pregnant.
- You will wear a hospital gown.

During the Exam

- You will lie on an X-ray table.
- You will drink barium (a chalky liquid).
- X-rays will be taken of your stomach as you move in different positions.
- The exam takes 30 minutes.

Your Health Care Provider

Name: _____

Phone number: _____

After the Exam

- Drink 8 to 10 glasses of water each day for 4 days.
- You may take a 2-ounce dose of a mild laxative (such as milk of magnesia) one time only.

Call your hospital's Radiology Department if you have any questions about your preparation or the exam.