
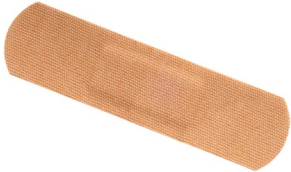





Care After a Procedure Using a Radial Artery — At a Glance

For an Emergency, Call 911

<p>Activity</p> 	<p>Procedure Site Care</p> 	<p>Medicines</p> 	<p>Self-care</p> 	<p>When to Call Your Cardiologist</p> 
<ul style="list-style-type: none"> ■ In the first 48 hours: <ul style="list-style-type: none"> — Treat your affected wrist like a sprain. Avoid lifting anything that weighs more than 5 pounds. — Keep your arm raised when you are resting to help keep the swelling down. — Do not do sports or work with your affected arm such as golf, tennis and yard work. ■ In the first 5 to 7 days: <ul style="list-style-type: none"> — Slowly return to your regular level of activity. — Follow your cardiac rehabilitation or doctor’s directions for walking and exercising. 	<ul style="list-style-type: none"> ■ Remove the dressing from your wrist the morning after the procedure. ■ You may take a shower and wash your wrist with soap and water. Do not scrub the area. Gently pat the area dry. ■ Do not soak the wrist of your affected arm in water for 4 days or until the area has healed. Avoid bath tubs, hot tubs, swimming and dishwasher. ■ If the site starts to bleed, you have new swelling, or a firm circular mass forms at the site: <ul style="list-style-type: none"> — Apply pressure slightly above the site for 15 minutes. — Call your cardiologist or go to an Emergency Department. — Call 911 if the bleeding does not stop after you apply pressure. 	<ul style="list-style-type: none"> ■ Take your medicines as prescribed each day. ■ Do not stop taking any medicines without talking with your health care provider. ■ Refill your prescriptions at least 1 week before you will run out of the medicines. ■ Know the possible side effects of your medicines. Know what to do if you have side effects. ■ Carry a list of your medicines. Write down the names (brand and generic), doses and how often you take them. <p style="text-align: center;">allinahealth.org</p> <p><small>© 2020 ALLINA HEALTH SYSTEM. TM – A TRADEMARK OF ALLINA HEALTH SYSTEM THIS FACT SHEET DOES NOT REPLACE MEDICAL OR PROFESSIONAL ADVICE; IT IS ONLY A GUIDE. cvs-ah-49415 (11/20)</small></p>	<ul style="list-style-type: none"> ■ Eat well-balanced meals. Follow any instructions your health care provider gave you. ■ Do not drink alcohol while you are taking prescription pain medicine. ■ Avoid tobacco and secondhand smoke. They can slow your recovery. ■ Exercise as directed by your physician or cardiac rehabilitation. 	<p>Call your cardiologist if you have:</p> <ul style="list-style-type: none"> ■ a new lump or sudden swelling at the puncture site ■ new drainage at the puncture site ■ numbness, tingling, or pain in the fingers of the affected arm ■ a change in color in the fingers of your affected arm ■ a temperature of 101 F or higher ■ new pain or pain you can’t control ■ signs of infection at your incision site: <ul style="list-style-type: none"> — pain — swelling — redness — odor — warmth — green or yellow discharge ■ questions or concerns.