

Low-dose Atropine

Medicine to treat nearsightedness (not being able to see far away)

What Is Atropine

These eye drops are used to help prevent myopia in children.

When used every day, studies show that low-dose atropine can help slow the progression of nearsightedness.

Where Can I Buy This Medicine?

Your specific type of atropine in artificial tears is a compounded medicine. This means it was made at the Allina Compounding at Heart Hospital Pharmacy and may not be made or sold at other pharmacies.**

Call your pharmacist if you have questions about getting a refill.

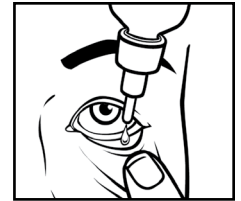
How Is It Given?

These eye drops are a clear, colorless solution. The medicine is given by using an eye dropper.

- Wash your hands.
- Keep the tip of the bottle from touching your eyelid, eye or any other surface.
- Tilt your head back and look up.
- Use the hand that is not holding the bottle to gently pull your lower eyelid away from your eye. This will form a pouch into which you will put the eye drops.
- With your other hand, tip the bottle upside down and aim the drop at the pouch.

- Gently squeeze the bottle to release one drop into the pouch. (A)

— If the drop missed the pouch, give yourself another drop.

**A**

- Look down and gently close your eyes for 1 to 2 minutes.

- Place one finger at the corner of your eye near your nose and apply gentle pressure. (B)

**B**

This will prevent the medicine from draining away from your eye.

- Try not to blink. Do not rub your eye.
- Put the cap on the bottle. Do not rinse the dropper.
- If you are using other eye drops, wait at least 5 minutes before using other medicines.
- Wash your hands.

Take this medicine as directed. Do not stop taking it or change how much you take without first talking to your doctor.

*This is a compounded sterile product.

**This compounded medicine is not commercially manufactured.

Are There Precautions?

Before using the medicine, tell your doctor if you:

- have infections or illnesses
- use contact lenses
- had eye surgery
- have allergies to any medicine
- take prescription or over-the-counter medicine, especially other eye medicines.

Do not wear contact lenses while using this medicine. Do not share this medicine with other people.

These eye drops may affect your ability to see clearly after you use them. This should pass in a short period of time. Do not drive or use any machinery until you can see clearly.

This medicine may be harmful if swallowed. Call your doctor or pharmacist right away if you swallow the medicine.

What Side Effects May Occur?

The most common side effects include:

- blurring of near vision
- sensitivity to light.

What if You Miss a Dose?

If you miss a dose, use the medicine as soon as you can. If it is almost time for the next dose, then skip the missed dose and resume your usual schedule.

It is important to follow your doctor's directions for when to take the eye drops. This will make the medicine more effective.

When Do You Throw Away the Medicine?

Once open, the eye drops can be used for up to 30 days from the time you pick them up from the pharmacy. The expiration date will be written on the bottle. Throw the bottle away once the expiration date is reached.

How Do You Store the Medicine?

Follow the instructions below for storing the medicine.

- Keep the medicine in the refrigerator. If you are not near a refrigerator, use a cooler or insulated container with ice to keep the medicine cool.
- Do not freeze the medicine.
- Keep the medicine away from light by storing it in the brown, zip-close bag provided by your pharmacist.

Call your pharmacist if the medicine is not refrigerated for more than 30 minutes.

When to Call Your Doctor or Pharmacist?

Call your doctor or pharmacist if:

- your eye irritation increases
- your eye, eyelid or skin around your eye becomes red or itchy
- you swallow the medicine
- your medicine is stored for more than 30 minutes out of the refrigerator or cooler.

Whom to Call With Questions

Call the PAllina Compounding at Heart Hospital Pharmacy at 612-775-8896 if you have questions about this medicine.

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