

# Mesna (Mesnex<sup>®</sup>)

Mesna is a medicine used to protect the bladder. It is given along with the chemotherapy medicine, ifosfamide, which can cause hemorrhagic cystitis.

## How Is It Given?

- clear liquid by mouth
- clear liquid by IV (intravenous)

## What Side Effects May Occur?

This is a partial list of the side effects you may have with this medicine. You may have some, all or none of those listed, or you may have other side effects not listed. Most side effects last only a short time.

### Less common:

- headache
- diarrhea
- nausea (upset stomach) and vomiting (throwing up)
- unpleasant taste
- fatigue

## Special Notes

- It is important to take your mesna on time and to not miss any doses.
- Call your doctor or nurse right away if you are unable to keep the medicine down.

## When To Call Your Doctor

You should call your doctor if you have:

- trouble breathing
- wheezing
- rash or hives
- nausea or vomiting you cannot control.

Ask your doctor, nurse or pharmacist if you want more complete medicine information or if you have questions.