

# Comprehensive (Complete) Medicine Review

*A Checkup on Your Medicines*

## What is a Comprehensive (Complete) Medicine Review?

If you take several medicines, it's a good idea to make sure they are working well together and not causing any side effects. Having a comprehensive (complete) medicine review each year is a way to do that.

A medicine review is an opportunity for you to have a pharmacist practitioner (doctor of pharmacy who is trained to provide patient care in a clinic) review your medicines and work with your health care provider to create the best medicine plan for you.

You can request to have a medicine review during your next clinic visit.

## Before Your Medicine Review

Bring the following to your medicine review:

- your prescriptions, over-the-counter medicines, vitamins, herbal or natural medicines, including any inhalers, creams or injectable medicines
- a list of any questions you have.

## During Your Medicine Review

During your medicine review, the pharmacist practitioner will answer four important questions about your medicines:

- **Are your medicines safe for you to take?**  
Some medicines may interact with each other. This means one medicine may affect how well another one works. The pharmacist practitioner can tell you about any possible interactions and work with your health care provider to fix them.
- **Are your medicines working well for you?**  
The pharmacist practitioner can help you monitor your health goals, understand your progress toward your goals and suggest any changes to make for your medicine work at its best.
- **Are your medicines the best ones for you to take?**  
The pharmacist practitioner can make sure you are not on any medicines that do the same thing or medicines you no longer need to take.
- **Do you have the most affordable medicines?**  
The pharmacist practitioner may advise that you stop taking a medicine or switch to a generic medicine for a more affordable option.

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## After Your Medicine Review

After your medicine review, the pharmacist practitioner will work with you and your health care provider to make medicine changes, check labs and schedule a follow-up appointment if needed.

## How to Schedule a Medicine Review

Talk with your health care provider or call 612-262-3224 to schedule a medicine review at one of the following clinic locations.

- Allina Health Bandana Square Clinic  
1021 Bandana Blvd. E., Suite 100  
St. Paul, MN 55108
- Allina Health Bloomington Clinic  
7920 Old Cedar Ave. S.  
Bloomington, MN 55425
- Allina Health Cambridge Clinic  
701 S. Dellwood St.  
Cambridge, MN 55008
- Allina Health Centennial Lakes Clinic  
7373 France Ave. S., Suite 202  
Edina, MN 55435
- Allina Health Clinic – Buffalo Crossroads  
755 Crossroads Campus Dr.  
Buffalo, MN 55313
- Allina Health Coon Rapids Clinic  
9055 Springbook Dr.  
Coon Rapids, MN 55433
- Allina Health Cottage Grove Clinic  
8611 W. Point Douglas Rd. S.  
Cottage Grove, MN 55016
- Allina Health Eagan Clinic  
1110 Yankee Doodle Road  
Eagan, MN 55121
- Allina Health East Lake Street Clinic  
3024 Snelling Ave. S.  
Minneapolis, MN 55406
- Allina Health Faribault Clinic  
100 State Ave.  
Faribault, MN 55021
- Allina Health Forest Lake Clinic  
1540 S. Lake St.  
Forest Lake, MN 55025
- Allina Health Hastings Clinic  
1880 N Frontage Rd  
Hastings, MN 55033
- Allina Health Maplewood Clinic  
1850 Beam Ave.  
Maplewood, MN 55109
- Allina Health Nicollet Mall Clinic  
825 Nicollet Mall  
Medical Arts Building, Suite 300  
Minneapolis, MN 55402
- Allina Health Plymouth Clinic  
2855 Campus Dr.  
WestHealth Campus, Suite 400  
Plymouth, MN 55441
- Allina Health Ramsey Clinic  
7231 Sunwood Dr. NW  
Ramsey, MN 55303
- Allina Health Richfield Clinic  
407 W. 66th St.  
Richfield, MN 55423
- Allina Health Shakopee Clinic  
1601 St. Francis Ave., Suite 100  
Shakopee, MN 55379
- Allina Health Shoreview Clinic  
4194 N. Lexington Ave.  
Shoreview, MN 55126
- New Ulm Medical Center Clinic  
1324 Fifth St. N.  
New Ulm, MN 56073
- Allina Health West St. Paul Clinic  
150 E Emerson Ave.  
West St. Paul, MN 55118
- Allina Health Woodbury Clinic  
8675 Valley Creek Road  
Woodbury, MN 55125