

# Medicines Used During Your Recovery After Hip, Knee or Shoulder Surgery

Type of Medicine	Examples	Purpose	Possible Side Effects	Preventing Side Effects
<b>Short-acting Pain Medicine</b>	<input type="checkbox"/> oxycodone <input type="checkbox"/> hydrocodone and acetaminophen (Norco <sup>®</sup> , Vicodin <sup>®</sup> ) <input type="checkbox"/> hydromorphone (Dilaudid <sup>®</sup> ) <input type="checkbox"/> acetaminophen (Tylenol <sup>®</sup> ) <input type="checkbox"/> other: _____	Manage pain after surgery	<input checked="" type="checkbox"/> nausea (upset stomach) <input checked="" type="checkbox"/> vomiting (throwing up) <input checked="" type="checkbox"/> constipation <input checked="" type="checkbox"/> dizziness <input checked="" type="checkbox"/> drowsiness <input checked="" type="checkbox"/> headache <input checked="" type="checkbox"/> itching <input checked="" type="checkbox"/> dry mouth	<input checked="" type="checkbox"/> Drink plenty of liquids. <input checked="" type="checkbox"/> Do not take on an empty stomach. <input checked="" type="checkbox"/> Stool softeners may help prevent constipation.
<b>Long-acting Pain Medicine</b>	<input type="checkbox"/> oxycodone (OxyContin <sup>®</sup> ) <input type="checkbox"/> other: _____	Provide long-lasting pain control		
<b>Stool Softeners</b>	<input type="checkbox"/> docusate sodium (Colace <sup>®</sup> ) <input type="checkbox"/> sennosides (ex-lax <sup>®</sup> Maximum Strength Stimulant Laxative) or senna (Senokot <sup>®</sup> ) <input type="checkbox"/> magnesium hydroxide (milk of magnesia) <input type="checkbox"/> bisacodyl (Dulcolax <sup>®</sup> ) <input type="checkbox"/> other: _____	Help to prevent constipation	<input checked="" type="checkbox"/> diarrhea <input checked="" type="checkbox"/> nausea <input checked="" type="checkbox"/> stomach cramps <input checked="" type="checkbox"/> dizziness	<input checked="" type="checkbox"/> Drink plenty of liquids.

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<b>Anti-inflammatory Pain Medicine</b>	<input type="checkbox"/> ketorolac (Toradol®) <input type="checkbox"/> celecoxib (Celebrex®) <input type="checkbox"/> ibuprofen (Advil®, Motrin®) <input type="checkbox"/> other: _____	Decrease swelling at the surgery site	<ul style="list-style-type: none"> <li>■ nausea</li> <li>■ gas</li> <li>■ dizziness</li> <li>■ drowsiness</li> <li>■ headache</li> </ul>	<ul style="list-style-type: none"> <li>■ Do not take on an empty stomach.</li> </ul>
<b>Antibiotics</b>	<input type="checkbox"/> cefazolin (Ancef®, Kefzol®) <input type="checkbox"/> vancomycin (Vancocin®) <input type="checkbox"/> other: _____	Help to prevent infection at the surgery site	<ul style="list-style-type: none"> <li>■ diarrhea</li> <li>■ itching</li> </ul>	<ul style="list-style-type: none"> <li>■ Take for only a short time after surgery. Follow any instructions your doctor gives you.</li> </ul>
<b>Anti-nausea</b>	<input type="checkbox"/> ondansetron (Zofran®) <input type="checkbox"/> prochlorperazine (Compazine®) <input type="checkbox"/> other: _____	Help to decrease nausea	<ul style="list-style-type: none"> <li>■ dry mouth</li> <li>■ blurred vision</li> <li>■ constipation</li> <li>■ dizziness</li> <li>■ lightheadedness</li> <li>■ headache</li> </ul>	<ul style="list-style-type: none"> <li>■ Do not take on an empty stomach.</li> </ul>
<b>Anti-coagulation (Blood Thinning Medicines)</b>	<input type="checkbox"/> aspirin <input type="checkbox"/> warfarin (Coumadin®, Jantoven®) <input type="checkbox"/> enoxaparin (Lovenox®) <input type="checkbox"/> rivaroxaban (Xarelto®) <input type="checkbox"/> other: _____	Help to prevent blood clots	<ul style="list-style-type: none"> <li>■ bruising</li> <li>■ nausea</li> <li>■ heart burn</li> <li>■ skin rash</li> </ul>	<ul style="list-style-type: none"> <li>■ Take for only a short time after surgery. Follow any instructions your doctor gives you.</li> <li>■ Do not do activities that may lead to injury.</li> </ul>