

Medicines That May Be Used During Your Recovery after Hip or Knee Surgery

Along with pain medicine, some of the following medicines may be used while you are in the hospital. Your health care team will give you instructions for any medicines you need to take after you leave the hospital.

Always follow any instructions given to you from your health care team to help prevent complications. Do not take any new medicines without first talking to your surgeon.

Type of Medicine and Examples	Purpose	Possible Side Effects	Preventing Side Effects
Stool softeners <input type="checkbox"/> MiraLAX® <input type="checkbox"/> senna (Senokot®) <input type="checkbox"/> magnesium hydroxide (milk of magnesia) <input type="checkbox"/> bisacodyl (Dulcolax®)	Help to prevent constipation	<ul style="list-style-type: none"> ■ diarrhea ■ nausea ■ stomach cramps ■ dizziness 	<ul style="list-style-type: none"> ■ Drink plenty of liquids.
Anti-inflammatory pain medicine <input type="checkbox"/> ketorolac (Toradol®) <input type="checkbox"/> celecoxib (Celebrex®) <input type="checkbox"/> ibuprofen (Advil®, Motrin®)	Decrease swelling at the surgery site	<ul style="list-style-type: none"> ■ nausea ■ gas ■ dizziness ■ drowsiness ■ headache 	<ul style="list-style-type: none"> ■ Do not take on an empty stomach.
Antibiotics <input type="checkbox"/> cefazolin (Ancef®, Kefzol®) <input type="checkbox"/> vancomycin (Vancocin®)	Help to prevent infection at the surgery site	<ul style="list-style-type: none"> ■ diarrhea ■ itching 	<ul style="list-style-type: none"> ■ Take for only a short time after surgery. Follow any instructions given to you.

(over)

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Anti-nausea <input type="checkbox"/> ondansetron (Zofran [®]) <input type="checkbox"/> prochlorperazine (Compazine [®])	Help to decrease nausea	<ul style="list-style-type: none"> ■ dry mouth ■ blurred vision ■ constipation ■ dizziness ■ lightheadedness ■ headache 	<ul style="list-style-type: none"> ■ Do not take on an empty stomach.
Blood thinning medicines (anti-coagulation) <input type="checkbox"/> aspirin <input type="checkbox"/> enoxaparin (Lovenox [®]) <input type="checkbox"/> rivaroxaban (Xarelto [®])	Help to prevent blood clots	<ul style="list-style-type: none"> ■ bruising ■ nausea ■ heart burn ■ skin rash 	<ul style="list-style-type: none"> ■ Take for only a short time after surgery. Follow any instructions given to you. ■ Do not do activities that may lead to injury.