

Spine Surgery Video Library

HealthClips™ Video Library: allinahealth.healthclips.com



- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link.
- Click on the video.

Use the QR code at left to access the entire video library. You can watch the below videos or any video in the HealthClips library at any time.

Pre-Procedure: Spinal Fusion



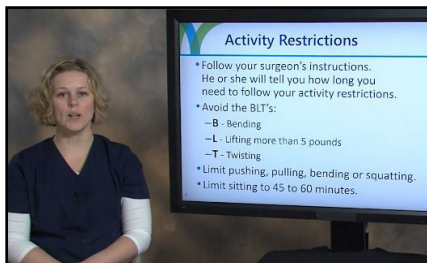
Watch this [video](#) to learn the facts behind some common concerns about spinal fusion.

Spine Program Pre-Surgery Education



Watch this [video](#) to learn about spine surgery 1 or 2 weeks before your surgery.

Spine Surgery: Activity After Spine Surgery



Watch this [video](#) to learn how to get in and out of a bed, a chair, a car; how to dress and undress your lower body; and more.