

# Schedule for Your High Dose Radiation (HDR) Treatments

## Your Schedule

Your doctor has talked with you about the need for specially designed high dose radiation (HDR) treatment. The schedule is as follows:

Date: \_\_\_\_\_ Time: \_\_\_\_ a.m. / p.m.

Date: \_\_\_\_\_ Time: \_\_\_\_ a.m. / p.m.

Date: \_\_\_\_\_ Time: \_\_\_\_ a.m. / p.m.

Date: \_\_\_\_\_ Time: \_\_\_\_ a.m. / p.m.

Date: \_\_\_\_\_ Time: \_\_\_\_ a.m. / p.m.

Date: \_\_\_\_\_ Time: \_\_\_\_ a.m. / p.m.

## Your Type of Treatment

You are having the following treatment:

- cylinder
- ovoid
- tandem ovoid.

## If You Are Having a Cylinder or Ovoid Treatment

The first day of treatment will take about 90 minutes. This treatment will include a planning session and nondiagnostic X-rays. All other treatments take about 60 minutes.

## If You Are Having a Tandem Ovoid Treatment

- Do not have solid food 6 to 8 hours before the treatment.
- You may have clear liquids up until 2 hours before the treatment.
- You may be scheduled to have a Smit Sleeve placed before the treatment. This is a small plastic tube with drainage holes that is placed in the cervix (neck of the uterus). The Smit Sleeve keeps the cervix partially dilated (open) for the treatments. This is done in the operating room.
- You will have an intravenous (IV) line inserted into your hand or arm.
- You may receive medicine by mouth or IV for discomfort and anxiety.
- You will need to have someone drive you home.
- The first HDR treatment will take 2 to 3 hours. (Future treatments will take 1 ½ to 2 hours.)
- If you have any questions or concerns, please call one of the radiation oncology nurses Monday through Friday, 7:30 a.m. to 4:30 p.m., at 612-863-4060.

After hours, you may leave a message or you will be given instructions if you need to speak with a radiation oncologist.