

Care After Infiltration of Intravenous (IV) Contrast

General Information

During your exam of _____

on _____ (date)

you received this contrast by injection:

_____.

You had infiltration of the contrast during your exam. This means that some of the contrast leaked into your tissues.

Location: _____.

This infiltration may cause some soreness, swelling, or both of your affected arm or hand.

What To Do

- Elevate (raise) your arm on a pillow until the swelling or pain goes away.
- Use a cold pack to help reduce swelling, pain or redness for 24 hours.
 - Place a clean, dry towel on your skin before you place the ice pack.
 - Leave the cold pack on for 20 minutes at a time, once every 2 hours.
- Keep the site clean.
- You do not need to keep a bandage on the site.

Discomfort

- You will have discomfort for 2 to 4 days after the infiltration, such as redness, swelling or tenderness.
- You may take an anti-inflammatory medicine like ibuprofen (such as Advil® or Motrin®). Follow package instructions.

IV Site

- You may have bruising for about 2 weeks.
- You can expect the area to return to normal in about 4 weeks.

When To Call Your Health Care Provider

Call your health care provider if you have:

- pain that gets worse
- increased redness
- swelling, blisters or sores at the injection site
- numbness or tingling in your affected arm or hand
- chills or a temperature of 101 F or higher.