

Care After Your Fistulogram or Shuntogram

Your Procedure

You had a fistulogram or shuntogram. During the procedure, your health care provider made a hole (puncture site) in your dialysis fistula or graft.

What to Expect After Your Procedure

- It is normal to have a little soreness or tenderness at the puncture site. This should gradually lessen each day.
- You may have a tiny marble-size bump and bruising at the puncture site. The bruise may spread and turn dark purple, green or yellow before it goes away.

Activity

- Avoid strenuous (heavy) activity for 24 hours.
- You may resume your normal everyday activity 24 hours after the procedure. Follow any instructions your health care provider gave you.

Food and Beverages

- Return to your normal diet. Follow any instructions your health care provider gave you.

Pain Relief

- Return to your normal medicines. Follow any instructions your health care provider gave you.

Your Health Care Provider

Name: _____

Phone number: _____

Site Care

- You may shower 24 hours after the procedure.
 - Gently wash the puncture site with soap and water.
 - If a topical hemostasis pad was used over the puncture, soak the dressing with water and gently peel to remove.
 - Leave the site open to the air. (No bandage is needed.)
- If your health care provider used stitches (sutures) to close up the puncture site(s), they may be removed at your next dialysis visit by the staff.

Dialysis

- Your next dialysis run will be _____.
- Call your nephrologist about your next dialysis run.
- Call the dialysis center to schedule your next run.
- Check your fistula to feel a thrill (pulse).

(over)

When To Call Your Health Care Provider

Call your health care provider if you have any of the following:

- at the puncture site:
 - new or sudden swelling
 - numbness, tingling, a bluish color, or coolness of the arm
 - increased redness, tenderness or warmth at the puncture site
- chills or a temperature of 101 F or higher
- a loss of the pulse in your fistula
- any questions or concerns.

When To Call 911

If you have bleeding or swelling under the skin at the puncture site, apply firm pressure.

Call 911 if the bleeding does not stop after 10 minutes of applying direct pressure.