

Staying on Your Hospital Floor is Important

Health and Safety

Thank you for trusting Allina Health with your care. You deserve the highest quality and safest care possible. Think of your health care team as partners in your care.

Your Hospital Stay

You are an active partner in your treatment and recovery plan.

A hospital stay can make you feel tired, anxious, bored or lonely. You may be tempted to want to leave the hospital for a break.

One of the most important things you can do is stay on your hospital floor. Leaving can put you at risk for:

- falling
- tearing an incision
- getting an infection
- missing a dose of medicine
- delays in your care or treatment.

If you leave, your health care team may discharge you from the hospital. This means you will be leaving the hospital without full treatment or recovery.



Your safety is important. Staying on your nursing care floor is one of the things you can do to stay safe.

If you return to the hospital after discharge, you will need to go to the Emergency Department or Maternal Assessment Center to see if you need to be readmitted. You may need to pay extra money based on your insurance coverage.

Tobacco Use is not Allowed

Allina Health hospitals are tobacco-free. You cannot leave the hospital to use tobacco.

- To manage your cravings: ask a member of your health care team about nicotine replacement therapy.
- To learn about quitting: ask a member of your health care team for resources.