

How to Change a Reusable Urinary Pouch

1. Assemble the Equipment

- faceplate
- pouch
- adhesive gasket
- paper tape
- O-ring
- water
- skin prep
- scissors
- gauze, cotton balls or paper towel
- dish soap
- white vinegar

2. Prepare the Pouch

- Attach the pouch to the ridge of the faceplate. Secure it by putting an O-ring between the collar and body of the pouch so it fits into the ridge.
- Apply skin prep to the smooth side of the faceplate. Let it dry.
- Peel the paper from one side of the adhesive gasket. Apply it to the faceplate. Smooth out the wrinkles. Remove the paper from the other side of the adhesive gasket.
- Close the drainage spout at the bottom of the pouch.
- Prepare wicks by rolling the gauze or paper towel like a cigar. Tape it closed.

3. Change the Pouch

- Empty the pouch.
- Remove the pouch. Use one hand to gently push down on the skin while lifting up on the pouch. Set the pouch aside for cleaning.
- Hold the wicks against the stoma to absorb the urine and keep your skin dry.
- Clean your skin with water using gauze, cotton balls or paper towel. Rinse and dry thoroughly.
- Apply a skin prep around the stoma, covering the area slightly larger than the faceplate. Let it dry completely.
- Center the pouch opening over the stoma. Press into place.
- Apply paper tape strips to the edge of the faceplate.

4. Clean the Pouch:

- Remove the O-ring.
- Separate the pouch from the faceplate. Rinse thoroughly.
- Soak the faceplate and pouch in dish soap and water for five minutes. Then soak in full-strength white vinegar for 10 minutes. Rinse and let air dry.