

# Possible Reactions To Travel Vaccines

## General Information

- Any vaccine can cause side effects.
- Tell your doctor if you feel dizzy, or have vision changes or ringing in the ears after getting the shot.
- Most side effects are minor, such as a sore arm or low-grade fever, and go away in a few days. Take acetaminophen (Tylenol®) or ibuprofen (Advil® or Motrin®) for relief.
- **Call your clinic** if you have any questions or concerns.
- **Call 911** or go to an Emergency Department if you have a severe reaction. Most severe allergic reactions happen up to a few hours after vaccination.

Vaccine	Possible Mild Reaction
hepatitis A	<p>Minor problems include:</p> <ul style="list-style-type: none"> <li>■ soreness or redness where the shot was given</li> <li>■ low-grade fever</li> <li>■ headache</li> <li>■ tiredness.</li> </ul> <p>Symptoms usually begin soon after the shot and last 1 or 2 days.</p>
hepatitis B	<p>Minor problems include:</p> <ul style="list-style-type: none"> <li>■ soreness where the shot was given</li> <li>■ temperature of 99.9 F or higher.</li> </ul> <p>Symptoms usually begin soon after the shot and last 1 or 2 days.</p>
influenza	<p>Adults 18 to 49 years of age:</p> <ul style="list-style-type: none"> <li>■ runny nose/nasal congestion</li> <li>■ sore throat</li> <li>■ cough</li> <li>■ chills</li> <li>■ tiredness/weakness</li> <li>■ headache.</li> </ul>
Japanese encephalitis	<ul style="list-style-type: none"> <li>■ pain, tenderness, redness or swelling where the shot was given</li> <li>■ headache, muscle aches</li> </ul>

(over)

Vaccine	Possible Mild Reaction
meningococcal ACWY	<ul style="list-style-type: none"> <li>■ redness or soreness where the shot was given (usually for 1 or 2 days)</li> <li>■ mild fever</li> </ul>
MMR (measles, mumps and rubella)	<p>Minor problems include:</p> <ul style="list-style-type: none"> <li>■ fever</li> <li>■ mild rash</li> <li>■ swelling of glands in the cheeks or neck.</li> </ul> <p>Symptoms usually begin 6 to 14 days after the shot. They occur less often after the second dose.</p>
polio (IPV)	<ul style="list-style-type: none"> <li>■ sore spot where the shot was given</li> </ul>
rabies	<ul style="list-style-type: none"> <li>■ soreness, redness, swelling or itching where the shot was given</li> <li>■ headache, nausea, abdominal pain, muscle aches, dizziness</li> <li>■ pain in legs, feet or both</li> </ul>
Td (tetanus, diphtheria)	<ul style="list-style-type: none"> <li>■ pain, redness or swelling where the shot was given</li> <li>■ headache</li> <li>■ tiredness</li> </ul>
Tdap (tetanus, diphtheria, pertussis)	<ul style="list-style-type: none"> <li>■ pain, redness or swelling where the shot was given</li> <li>■ fever of at least 100.4 F</li> <li>■ headache</li> <li>■ tiredness</li> <li>■ nausea, vomiting, diarrhea, stomach ache</li> <li>■ body aches</li> </ul>
typhoid (injection)	<ul style="list-style-type: none"> <li>■ redness, tenderness and pain at the injection site</li> <li>■ fever</li> <li>■ headache</li> <li>■ tremors</li> <li>■ abdominal (belly) pain, vomiting</li> </ul>
typhoid (by mouth)	<ul style="list-style-type: none"> <li>■ nausea, abdominal (belly) pain, cramps, vomiting</li> <li>■ headache</li> <li>■ fever</li> <li>■ rash</li> </ul>
varicella (chickenpox)	<ul style="list-style-type: none"> <li>■ soreness or swelling where the shot was given</li> <li>■ fever</li> <li>■ mild rash, up to a month after vaccination</li> </ul>
yellow fever	<ul style="list-style-type: none"> <li>■ fever</li> <li>■ aches, soreness, redness or swelling where the shot was given</li> </ul> <p>Symptoms usually begin soon after the shot, and can last up to a week.</p>

**Adapted from the Centers for Disease Control and Prevention.**