

# Lenalidomide (Revlimid<sup>®</sup>)

## General Information

Lenalidomide is used to treat a blood disorder called myelodysplastic syndrome. It also is used to treat multiple myeloma.

## How is it Given?

- tablet by mouth.

## What Side Effects May Occur?

This is a partial list of the side effects you may have with this medicine. You may have some, all or none of those listed, or you may have other side effects not listed. Most side effects last only a short time.

### Common side effects include:

- headache
- fatigue (tiredness)
- constipation (unable to have a bowel movement)
- diarrhea (loose stools)
- dizziness
- nausea (feel like throwing up)
- fever
- skin disorders such as dry skin, itchiness or rash
- swelling in your arms or legs
- trouble breathing
- muscle cramps
- pain in your back, arms or legs.

## Special Notes

- Lenalidomide may cause birth defects. Do not take if you are pregnant, may become pregnant or are breastfeeding.
- Take one tablet each day for 21 days. Then stop taking it for seven days. You may need to repeat this 28-day treatment. You and your doctor will decide what is right for you.
- Your doctor will watch your blood counts closely during treatment.
- This medicine is only available through a program called RevAssist<sup>®</sup>.

## When to Call Your Doctor

Call your doctor if you:

- have a fever
- have shortness of breath
- have chest pain
- notice unusual bruising or bleeding
- have an infection
- feel tired or weak.

Ask your doctor, nurse or pharmacist if you want more complete medicine information or if you have questions.