

Adult Vaccination Guidelines

Vaccines Help Keep You Healthy

Take an active part in planning your health care by knowing what vaccinations you need and when to get them. Vaccines can protect you from common diseases and illnesses.

Talk with your health care provider if you have any questions about your health.

See below for the recommended schedule and page 2 for QR codes to the Vaccine Information Statements.

Vaccine	Age	How Often
Influenza	<ul style="list-style-type: none"> ■ 18 years and older 	<ul style="list-style-type: none"> ■ Every year.
COVID-19	<ul style="list-style-type: none"> ■ 18 years and older 	<ul style="list-style-type: none"> ■ This is a one-time dose every year
Tetanus booster (Td or Tdap)	<ul style="list-style-type: none"> ■ 18 years and older 	<ul style="list-style-type: none"> ■ After 1 dose of Tdap starting at age 11 years, have a Td or Tdap every 10 years.
Human papillomavirus vaccine (HPV)	<ul style="list-style-type: none"> ■ 18 years to 26 years ■ 27 to 45 years based on discussion with your provider 	<ul style="list-style-type: none"> ■ This is a one-time 3-dose primary series.
Hepatitis B	<ul style="list-style-type: none"> ■ 19 to 59 years ■ 60 years and older if you have risk factors. 	<ul style="list-style-type: none"> ■ This is a one-time 3-dose primary series.
Herpes zoster (RZV) (shingles)	<ul style="list-style-type: none"> ■ 50 years and older <ul style="list-style-type: none"> — Start at age 19 if you have issues with your immune system (immunodeficient or immunosuppressed.) 	<ul style="list-style-type: none"> ■ This is a one-time 2-dose series.
Pneumonia (PCV)	<ul style="list-style-type: none"> ■ 50 years and older <ul style="list-style-type: none"> — Start at age 19 if you have certain conditions or risk factors. 	<ul style="list-style-type: none"> ■ This is a one-time 1-dose vaccination.
Respiratory Syncytial Virus (RSV)	<ul style="list-style-type: none"> ■ 75 years and older <ul style="list-style-type: none"> — Start at 60-74 if you have certain conditions or risk factors. 	<ul style="list-style-type: none"> ■ This is a one-time 1-dose vaccination.

(over)

Vaccine Information Statements

To learn more about each vaccine, go to immunize.org/vis/vis_english.asp and choose a vaccine statement.

To read a specific vaccine statement, use the QR codes below.

- Open your smart phone's camera.
- Hold the phone over the QR code.
- Click on the yellow link or click on the video.



Influenza (inactive) vaccine



PCV (pneumonia) vaccine



Influenza (live) vaccine



Td (tetanus, diphtheria) vaccine



Hepatitis B vaccine



Tdap (tetanus, diphtheria, pertussis) vaccine



Herpes zoster (RZV) (shingles)



COVID-19 vaccine

Moderna



RSV vaccine



HPV (human papillomavirus) vaccine