Care After Your Chest Pain

Your Test Results

You had an exam and tests for your chest pain. Members of your health care team did not find any signs that you had a heart attack. As a result, you do not need a hospital stay.

Even though the test results are reassuring, your chest pain could be an early warning of a partially blocked artery or another future heart problem.

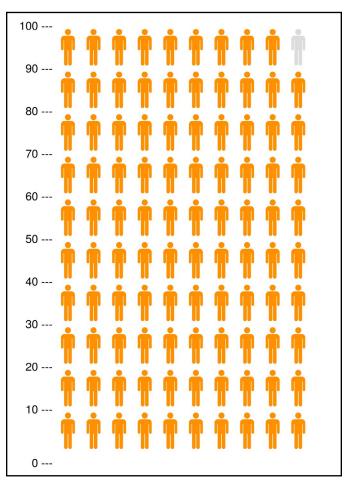
About 99 out of 100 people who have similar results to yours do not have a heart attack or other serious complication within 6 weeks of feeling the chest pain.

Follow-up With Your Primary Care Provider or Cardiologist

☐ Make a follow-up appointment with your primary care provider or cardiologist within 7 days (1 week) of having your tests. Your provider or cardiologist will go over your test results with you at this visit.

Follow-up Tests

- ☐ You need more tests (such as a stress test or CT scan). Have the follow-up tests done within the next 3 days (72 hours).
 - ☐ The appointment was made before you left the Emergency Department.
 - ☐ If you have not been called within 1 business day to get an appointment made, please call:
 - Metropolitan Heart & Vascular Institute: 763-427-9980
 - Minneapolis Heart Institute®: 612-863-3900
 - United Heart & Vascular Clinic: 651-292-0007.



About 99 out of 100 people will not have a heart attack 6 weeks after having their chest pain checked.

When to Call 911 or Go to the Emergency Department

Call 911 or go the Emergency Department right away if you have any of these:

- chest pain
- trouble breathing
- unexplained sweating
- feeling dizzy
- fainting
- other symptoms that are new or worse.

(over)

Your Follow-up Tests
Date:
Time: a.m. / p.m.
Location:
Call the number listed on the front if you have any questions.

Your Appointment With Your Primary Care Provider or Cardiologist Date: _______ a.m. / p.m. Location: ______ Call the number listed on the front if you

have any questions.