# **Care After a CT-guided or Ultrasound-guided Biopsy**

#### **General Information**

To get a tissue sample, the doctor has made a small hole in your skin. It is normal to have a little soreness or tenderness at the biopsy site. This should gradually lessen each day.

#### Activity

- Rest the remainder of the day.
- Do not do any strenuous activity for the next 24 hours.

#### Diet

- Resume your usual diet when you feel like eating again.
- If you feel nauseated, drink clear liquids until you feel better.

#### **Biopsy Site**

You may remove the bandage or dressing tomorrow.

#### Hygiene

• You may take a shower or bath tomorrow.

#### Medicine/Discomfort

Slight discomfort around the biopsy site is normal. You may take a mild pain medicine, like acetaminophen (Tylenol®), for the discomfort. You may also put an ice pack on the biopsy site.

Your Health Care Provider
Name:
Phone number:

# What to Do if You Received Sedation or Pain Medicine

If you received sedation or pain medicine during your procedure:

- Do not drive or operate any equipment for at least 24 hours. Your motor skills may be affected by the medicine.
- Do not drink alcohol for 24 hours after the procedure.
- You will need to have a responsible adult take you home. (You cannot drive.)

#### When To Call Your Doctor

Call your doctor if you:

- have increased pain or discomfort around the biopsy site
- notice drainage from the biopsy site
- have a temperature of 101 F or higher
- have chills
- become short of breath (especially if you had a lung biopsy).

A report on today's procedure will be sent directly to your doctor within 3 business days.



## **Follow-up Appointment**

Call your doctor for a follow-up appointment.

## Whom To Call With Questions

Call the Radiology Department at

if you have any questions or concerns.