

Bravo™ Reflux Recorder Diary

Name _____ Recorder Number _____ Date and Time Started _____

Return Recorder to Allina Health _____ Clinic on _____

Day 1

| Start Time | End Time | Meal | Lie down | Chest pain | Spit up food | Heart-burn | Cough | Belch | Other (medicines, other symptoms) |
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(over)

Day 2

| Start Time | End Time | Meal | Lie down | Chest pain | Spit up food | Heart-burn | Cough | Belch | Other (medicines, other symptoms) |
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Diary instructions:

- Push any button on recorder. The recorder will beep and you should see a flashing blue light in the lower right corner.
- All events should be entered by pressing a button on the recorder and writing it on your diary.
- If you forget to push a button on your recorder, write it on your diary.
- Press the meal button at the start of the meal and at the end of your meal.
- Press the button when you lie down and again when you sit up.
- Document one symptom (heartburn, regurgitation and chest pain) per line and write down start time only.