

Portable Oxygen System (Pulse Dose)

Philips Respironics SimplyGo Mini

Portable Oxygen System (Pulse Dose)

A portable oxygen system (pulse dose) is a machine that provides oxygen therapy on-the-go. It is powered by a battery, which is charged by plugging it into an electrical outlet. This machine will not provide you with oxygen until you begin breathing through the nosepiece.

Parts of the Oxygen System

The main parts of the portable oxygen system include:

- **oxygen system:**
takes in air from the room, filters it and delivers oxygen to your nose
- **carrying case:**
protects the machine and provides a handle to carry the oxygen system
- **power cords for your car and home:**
charge the battery and power the oxygen system
- **battery:**
powers the oxygen system and is charged with the power cords

Important

Always keep a backup nosepiece (with tubing attached) on hand.



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Parts of the oxygen system.

- **nosepiece (cannula) with tubing attached:** delivers oxygen to your nose. You should not have more than 10 feet of tubing attached to the machine.

How to Use the Oxygen System

Step 1:

The battery should already be charged for you. If it isn't, connect the power cord to the oxygen system. It takes about 8 hours for the machine to fully charge. You can use it while it is charging. A fully charged battery will last up to 9 hours on a setting of 2.

(over)

Step 2:

Connect the end of the cannula tubing to the side of the machine.



Step 3:

Put on the oxygen tubing.

- Hold the tubing in front of you, with the nosepiece between your fingers. The tubes that go into your nose should curve down slightly.
- Place the nosepiece into your nose.
- Loop the tubing behind your ears.
- Adjust the slider under your chin until it fits comfortably and stays in place.



How to put on the oxygen tubing

Step 4:

Press the power button 2 times quickly to turn on the machine. The screen will show the current liter flow setting. The amount of battery left will also show.



Main screen

Step 5:

Tap the number on the screen with your finger. Then tap the plus (+) or minus (-) to adjust the liter flow setting your health care provider prescribed.



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Adjusting the liter flow

How to Clean the Oxygen System

- Remove the oxygen system from the carrying case. Place the carrying case in the washing machine and wash with mild detergent. Allow to air-dry.
- Use a damp cloth or vacuum to clean the oxygen system and power cords. Do not use any petroleum-based cleaning products. If using a damp cloth, wipe the machine dry.
- When the tubing hardens, has “kinks” or becomes worn, replace it with your backup supply.

How to Order More Supplies

Call your equipment supplier to order more supplies.