

Thyroid Ultrasound

Before the Exam

- There are no special instructions.
- You may need to wear a hospital gown.

During the Exam

- You will lie on your back on an exam table.
- Your arms will be at your side.
- A pillow may be put under your shoulders.
- Your head will be tilted back to rest on the table. This is so your thyroid gland can be seen by the ultrasound.
- The technologist will put a warm gel on your neck.
- He or she will move the ultrasound wand (transducer) over your neck.
- Pictures will be taken of your thyroid.
- The exam takes about 20 to 30 minutes.

Your Health Care Provider

Name: _____

Phone number: _____

After the Exam

- You may return to your normal activities.
- Your health care provider will receive the exam results. He or she will either talk with you about the results or mail you the results.

Call your hospital's Radiology Department if you have any questions about your preparation or the exam.