

After Your Mammogram

Mammograms

You had a mammogram. This exam is one important way to find breast cancer at an early stage when it can best be treated.

The mammogram took a low-dose X-ray picture of your breast. This involved compressing your breasts so the X-ray could get a clear image of your breast tissue.

After Your Mammogram

- Your breasts may feel sore. This is normal. If your breasts continue to feel sore for more than 5 days, call your health care provider.
- If your breasts feel tender, you may take acetaminophen (Tylenol®) or ibuprofen (Advil®) for 1 to 2 days. Take as directed.
- A radiologist will interpret (read) your mammogram. He or she will compare this one with your other mammograms. The radiologist will send the results to your health care provider.

A Call Back

You may be asked to come back for more X-rays. This means the radiologist may want a more detailed view of a specific area of the breast. A “call back” does not mean you have cancer or that the mammogram was done incorrectly.

Insurance Coverage

Check with your insurance provider to see if the mammogram(s) will be covered. Your health care provider’s recommendation for services does not guarantee coverage by your insurance provider.

Whom To Call With Questions

Call your health care provider if you have questions about the exam (other than insurance coverage).