

After Your Mammogram

Your Mammogram Results

You will receive written results of your mammogram in your Allina Health account (MyChart) or by mail. If you have not received your results within 30 days, please call the mammography department where you had your mammogram.

■ Allina Health account:

You will get your results in 1 to 2 days. (You may see your results before they have been reviewed by your health care provider.)

■ Mail:

You will get your results in 7 to 10 days.

A copy of your results will also be sent to your health care provider.

A Call Back

Sometimes the standard images taken during a mammogram are not enough to get a final result. When this happens, the radiologist will ask you to come back for additional images.

A call back does not mean you have cancer or that the mammogram was done incorrectly. It means the technologist needs to take additional images to get a more detailed view of your breast tissue. This may be done with a special mammogram or an ultrasound. Most of these additional images are normal (not cancer), but are important to have done.

A member of your breast health team will call you to talk about your results and schedule you for any additional breast imaging, if needed.

Past Mammograms

If your past mammogram images were not available for your exam, your results will be delayed.

The radiologist needs to compare your current mammogram with past mammograms to know what your normal breast tissue looks like and to see if there are any changes.

If your past mammograms are not received within 14 days, the radiologist will complete your results without them.

When your past mammograms are received, the radiologist will compare them to your current mammogram and create a new report.

Insurance Coverage

It's important to understand your health care benefits before having additional breast imaging studies. Additional studies are not preventative screening exams and may not be fully covered by your insurance provider.

If you need additional images, please call your insurance provider <u>before your appointment</u> to find out exactly what is and isn't covered by your plan and to determine what you may need to pay.