

# Care After Receiving Sedation for Surgery or a Procedure

## Sedation

You were given a medicine during your surgery or procedure to keep you comfortable. This medicine will last for several hours, even if you think you have recovered from its effects.

This medicine will affect your ability to think clearly and make good decisions.

## Activity

- For your safety, you will need a responsible adult to drive you home and to stay with you for 24 hours.
- For 24 hours:
  - Do not drive or use any machinery.
  - Do not make important decisions.
  - Do not drink alcohol. (It is also important to not drink alcohol as long as you are taking prescription pain medicine.)
- Do not go to work until tomorrow.
- You may return to your normal activities tomorrow. Follow any instructions your health care provider gave you.

## Diet

- Return to your normal diet. Follow any instructions your health care provider gave you.
- If you become nauseated, drink clear liquids until you are feeling better.

## Medicines

- Return to your normal medicines (including pain medicine).
- Follow any instructions your health care provider gave you.

## When To Call Your Health Care Provider

Call your health care provider if you have:

- nausea (upset stomach) or vomiting (throwing up) that lasts for more than 12 hours
- excessive sleepiness or confusion
- any questions or concerns.