

Urine Drug Test

To check how well and how safely your controlled substance medicine is working

Why Do You Need to Take a Urine Test?

Your health care provider wants to treat your long-term pain safely.

Before they prescribe or continue to prescribe long-term opioid medicine for your pain, you will need to take a urine test.

The urine drug test will show what prescription, non-prescription or other substances are in your body.

By ordering a urine test, your health care provider is showing their commitment to helping you manage your pain and protecting your safety. They will be able to tell if you are taking medicines as prescribed.

The test is useful to help guide your treatment. It is very accurate.

What are the Prescription Medicines You Need to be Tested for?

Opioid pain medicine

Health care providers use opioid medicine to treat pain. It is available only with a prescription. Examples are morphine, codeine, oxycodone (OxyContin® and Percocet®), hydrocodone (Norco® and Vicodin®), hydromorphone (Dilaudid®) and tramadol (Ultram®).

While this medicine can help manage pain, it also has risks.

- Taking an opioid too often can lead to addiction. On average, more than 130 people die each day in the U.S. from an overdose of opioids, according to the Centers for Disease Control and Prevention.
- The longer you take an opioid, the more your body gets used to it (known as tolerance). This means:
 - they may not work as well
 - you may have more side effects when you stop taking them.

Your health care provider wants to make sure you are taking the right medicine and that it is not causing you problems.

Other prescription medicines

Your health care provider may also want you to take urine drug tests if you are taking:

- anti-anxiety medicines such as diazepam (Valium®), alprazolam (Xanax®) or clonazepam (Klonopin®)
- stimulant medicines such as methylphenidate (Ritalin® or Concerta®), dextroamphetamine/amphetamine (Adderall® or AdderallXR®) or lisdexamfetamine (Vyvanse®).

How Much Will the Test Cost?

Check with the patient service representative to see how much you may need to pay after insurance.

If insurance will not pay for the test, you will have to pay for it yourself.

What Will Happen With Your Test Results?

Your health care provider will use your test results to decide if you are taking the medicine correctly and if your treatment plan is working.

They will use other information to make sure the medicines you are taking don't work against each other or affect how well they work.

Together, you and your health care provider can make changes to your treatment plan, if needed.

When Will Results Be Ready?

Your health care provider will have the results in about 3 to 5 days.

They will either:

- send the results to your Allina Health account
- mail the results to you
- call you with the results.

Do You Have a Choice?

If you don't want to take this urine test for any reason, talk with your health care provider about other treatments to ease your pain.

Will You Have to Take the Test More Than One Time?

You will need to take a periodic urine test before your health care provider prescribes or continues to prescribe long-term opioid medicine for your pain.